Miscellanea

The Quarterly Mattishall People's Magazine Spring 2023 Issue 94

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Miscellanea

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From the Editor

Spring has arrived, at least that's what the calendar tells me! As I write this, we are being warned to prepare for snow and ice and I'm really concerned for some of our vulnerable residents who are struggling with the cost of energy on top of the rising cost of food. There are support groups available to help those in need so please reach out to one of these services, you are not alone, there is help out there



Anne Jackson

Over recent months, there have been quite a

few comments on social media about the service offered at the pharmacy but, fortunately, these have now changed tone and many are now very positive. I know from personal experience that I have not had to wait more than a couple of minutes for my prescription so things are improving. The surgery manager has provided a brief explanation of the

recent problem and some plans for the future (p24)

The Mattishall Community Hub has proved a successful and popular venture and offers residents a welcoming, warm space to chat and meet new friends, their latest latest report and advert on p5. MCH are also organising the Coronation Big Afternoon Tea as part of the celebration at the Sports & Social Club on 7th May, (for further information on both these events see p9.

I hope you all enjoy the Coronation celebrations organised in Mattishall and that lots of photos will be taken at the different events. I would love to include these in the next issue so please email them to me. (miscadvert@yahoo.com)

Miscellanea

Volunteer Opportunity

Can you spare a few hours every 3 months?

We need someone to prepare invoices and collate adverts for Miscellanea.

Would be suitable for someone looking to use existing skills or gain some admin experience which they could include in their CV.

Contact Anne Jackson (Editor) <u>miscadvert@yahoo.com</u> 01362-858744 / 07515 417225

Anne

Iceland

REMINDER TO ALL THOSE OVER 60

Iceland are still offering 10% discount Tuesdays, no minimum spend required

WEEE (small electrical item collections)

From Monday 27 February, Breckland started rolling out small electrical items collections as part of the rubbish and recycling collection. Their crews will place a hanger on your bin the week before collections start in our area.

From 30th January residents have been able to recycle used household batteries. The collections are weekly, so residents just need to place their used household batteries in a freezer bag, or similar sized clear bag, on top of either their green or black bin on their usual collection day for them to be recycled. It is important that the batteries are placed on top of the bins because if they are not separated, they will go into the body of the vehicle where they risk being crushed which can cause vehicle fires and fires at the processing plant.

Follow My Leader

I have always been easily led. Bad boys and bad girls needed just to snap their fingers and I fell in line behind them, a lamb to the slaughter, or more often the poor fool being set up to take the blame.

I was, however, capable of fearsome revenge if the trouble into which I was encouraged to blunder was too much for me. A man, who surprised everyone who knew him in his teenage years by becoming a bishop, set up a most unclerical scam and managed to persuade me to go along with it and then take the blame.

Now in those distant days the Army was desperate to recruit people of school age and advertised in all kinds of publications. I unpeeled a coupon and filled it in volunteering that future bishop to join the Royal Tank Regiment. Why the officers did not ring in advance, I will never know. But two of them drove up from Sandhurst to finalise the details with the parents of my friend. When they discovered that it was just someone's idea of a joke they became very loud, angry and threatening. The parents had a very good idea that I was behind it but nothing could be proved. They blamed their devious son for being led astray by me.

Not all leading is of the astray variety. Last October I was in Bosnia for a bit of fishing and bird watching and a lot of cheap local red wine. In Bosnia you need a leader to show you where to fish and where to spot rare birds and how to avoid the bears and landmines, which are there for the unguided. Over the years Edo had become a good friend as well as my leader and this year he told an amazing story.

Until he was sixteen his family lived a happy and prosperous life. Then the war came and as they were Muslims they were stripped of all their possessions and threatened with sudden death. Edo's mother and sister fled to Germany and Edo and his father took to the hills and fought. That was the choice for the Muslims as well as the Catholics. Flee or fight.

At the end of the war Edo's family was reunited but found their house demolished and all their possessions looted. One of those who had opted to flee was Tariq. Tariq prospered in Germany and came back able to buy businesses and property and he strutted about the town full of importance. He gave Edo a job in his supermarket but when Edo asked to be paid Tariq refused and said that the heat and shelter was reward enough.

But times change and twenty years later Edo's guiding business had prospered and Tariq had fallen on hard times. He offered to work for Edo as a driver. I asked Edo if he really needed a driver and also if he actually paid Tariq. "No and yes', said Edo. 'I don't need him but I give him a job and every week when I pay him I look him in the eyes to see if there is any recognition of how he treated me.'

'And is there?', I asked. Edo did not answer and just looked away. There are leaders and leaders and Edo is not the sort of leader to jokingly enlist in the army. His retaliation would be subtle, but very sure.

Pakistan is also a place where having a good leader is better than blundering around on your own. On my first visit there, my party were two days into a trek in the Hindu Kush, when the Americans tried to bomb Afghanistan, missed and hit some remote areas of Pakistan. Nobody was hurt but the Pakistanis were understandably angry and the word went out to arrest all tourists in the area and put them in a concentration camp until their flights home.

We were duly rounded up by the military but our leader Rajab showed what true leadership is about. He appealed to the senior officer and the next morning he took me and two others of the party to stand before the Colonel. He did not let us into his plan but turned to each of us. 'This is Bob. He is a senior judge in London. This is Simon. He is the most eminent surgeon in Edinburgh and my friend William here is a bishop. If these good people go back home and say that they were treated in an unfriendly way by our country our reputation for hospitality will be in tatters.'

I do not suppose that the Colonel believed a word of it, but he asked the four of us if we were happy to walk through a war zone at our own risk. The day was quiet, the birds sang and peace reigned supreme and so we all agreed and enjoyed ten amazing days of the right sort of adventure.

In the plane on the way home all the other tourists had had a grim time in the camps. One of them asked me how we managed to escape. I thought for a moment of saying "it is because I am a bishop," but instead I truthfully acknowledged that I had simply followed my leader.

William Barr

Brainteasers March 2023

Brainteaser 1 of 5

A woman shoots her husband. Then she holds him underwater for 5 minutes. Finally, she hangs him. But 5 minutes later they both go out together for a meal. How can this be?

Answer inside back cover

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MATTISHALL COMMUNITY HUB

Since starting our trial sessions in October 2022, Mattishall Community Hub has gone from strength to strength. We have now had a total of almost 60 local residents come to our monthly afternoon sessions at the Memorial Hall, joining us for light refreshments and good company and conversation. We have table quizzes and games as well as special interest guests including, so far, musicians and a traditional storyteller. We have a regular Give & Take table, for people who would like to, to bring an item; for instance, a book, a game, craft materials, seasonal or home produce etc. and swap it for one other item on the table. Of course, there is also plenty of time to have a good old 'mardle' and make new friends.

It has been proved that social contact is essential for well-being. An important aim of MCH is to provide a meeting place for people who may be lonely, isolated or bored or anyone who may be new to the village and not know anyone locally. However, MCH is for the whole community so if you would just like a change of scene, a bit of a chat and perhaps to get involved in various special interest groups and larger-scale community events then you'd be most welcome.

Each MCH session is a drop-in event; come for some of the time or all of the time; come to the occasional session or come to them all! All ages are welcome (under 16s to be accompanied). The sessions are free to join - donations towards the refreshments are much appreciated but entirely optional. We are grateful to Mattishall Parish Council for their support in these early days of MCH but as a non-profit Community Project we will be seeking further funding and we hope to arrange some exciting fund-raising events in the near future.

We are aware that the venue is a little way out of the main part of the village so we would really encourage lift-giving where possible. Perhaps you know of a neighbour who would benefit from some social contact who you could pass our details on to, or why not come along together? We'd love to see you.

MATTISHALL COMMUNITY HUB
Mattishall Memorial Hall

Tuesday 11 April
2 - 4 pm

Free refreshments

Give & Take table

(sptional: bring an item eg plant, book, game, homemade produce etc. and swap for one other item on the table)

Next session Tuesday 13 June 2 - 4pm

Having established a need for our daytime sessions, we are also aware that some people would like to have similar opportunities in the mornings or evenings and so we have begun running taster events to 'test the water'. We also hope that we will soon be able to start hosting community events such as a Quiz Night or a good old fashioned Jumble Sale!

Meanwhile, there is the little matter of the King's Coronation to celebrate in May and we are already involved in the plans for Mattishall's Coronation Village Event on Sunday 7 May. MCH will be organising The Big Afternoon Tea in the Memorial Hall. It will have all the feel and fun of a street party - but without the weather! We would really like to hear from anyone who could volunteer in any way; from making sandwiches and baking cakes to helping set up and decorate the hall and making the tea!

If you could help us to make this a truly memorable, and delicious, celebration feast - or for further information about our regular MCH sessions, then please contact us at the email address below.

Our next MCH sessions will be held at Mattishall Memorial Hall, South Green on;

Tuesday 11 April 2-4pm & Tuesday 13 June 2-4pm

Helen Brook (Coordinator, MCH) mch23@btinternet.com



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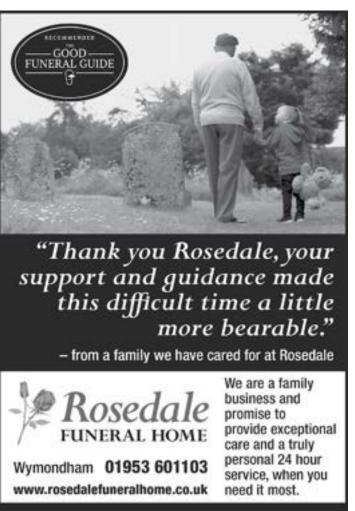
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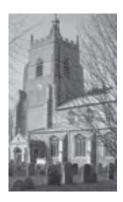
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The Mattishall Society

The Society meets on the second Monday of each month

THE KING OF THE NORFOLK POACHERS

- a talk by Charlotte Paton



Frederick Rolfe

Charlotte Paton became interested in the story of Frederick Rolfe, who was the self-styled King of the Norfolk Poachers, having read his book 'I Walked by Night' and having lived in one of his houses. She discovered that he had beautiful handwriting, but little education and that the more he wrote about his life, the more he fantasized so, in unravelling his TRUE story, she discovered that, for example, boy children were actually girl children and one of his wives didn't die in child-birth.

However, his life was fascinating and horrifying by turns to a 21st century audience. Born into a poor family in 1862, Fred began poaching in the Fens at the age of 9. We know he was 5'6 1/2" tall, with brown hair and eyes, because he was first imprisoned in Norwich Castle jail at the age of 20 and this was not his only brush with the law and incarceration. He married three times and had children by each wife, but few children survived.

During his long life, Frederick Rolfe moved about the country, but lived mainly in Norfolk. As well as poaching, he turned his hand to many kinds of work including bringing work horses into England from Ireland, being involved in illegal shoots; working in a cotton mill, campaigning for agricultural labourers' rights; vermin controller on a big estate; undergame keeper on another; rat-catcher to the Territorial Army Regiment in WW1; mole-catcher and, of course author! Nothing lasted long, as he continued to poach throughout and often got the sack from regular jobs. Somehow, his long-suffering wives stuck with him.

His stories attracted the attention of Rider Haggard and were serialised in the EDP, but he signed away the royalties for £20 and, on 25th March, 1938, being in very poor health, he left a suicide note and hanged himself in the stables, using one of the snare nooses with which he was so familiar and which he knew would be quick and effective.

The background information to life in those times for many people, involving extreme poverty, the workhouse, infant mortality and often uncaring upper classes, who could have made things better, is interesting and sobering. There was however one MP, who had begun life in the workhouse, who campaigned for agricultural labourers' rights and who inspired Frederick Rolfe.

Both books are still available online and from the Library Service. Charlotte Paton recommended reading 'I Walked by Night' before reading her book 'The King of the Norfolk Poachers.' They are windows into another world.

Anna English

Brainteasers March 2023 Brainteaser 2 of 5

I am taken from a mine and shut up in a wooden case, from which I am never released, and yet I am used by almost everybody. What am I?

Answer inside back cover

NEW Dereham Seed Scheme.

The Dereham Gardening Group is able to get us seeds at a discount price. If they can get orders to a total of more than £200, the price will be reduced on a sliding scale up to a 40% discount, depending on how much the combined order comes to. This is a follow-up scheme to that operated successfully by DDAGS for many years. The seed companies are D.T. Brown and Kings. There is no joining fee. Please notify Robin that you are interested by sending an email to him at derehamgardeninggroup@gmail.com.

Mattishall Society

Meets at the Memorial Hall on the 2nd Monday of the month at 7.30 pm

| 17th April | John Caro, a retired Dereham GP, will tell us about his life-long interest in Silver and Silversmithing |
|------------|---|
| 15th May** | Victoria Colley and her hearing dog Logan - the Hearing Dogs for Deaf People charity |
| 12th June | A Musical Summer Evening with entertainment by the Village Green Ukulele Society |

** Note the May meeting will be on the 3rd Monday of the month owing to the Coronation celebrations

The 2023 membership fee will remain at £5 per person

Anyone wishing to join the Mattishall Society should contact Carol Colledge on 01362 858230

We hope you can join us at our Spring meetings



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Coronation Village Fayre

Sunday 7th May



Join us at this spectacular event to celebrate the King's Coronation, we have.....

Children's Picnic Face Painter Raffle

Dann's Ice Cream The Big Afternoon Tea

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Spring 2023

THE LINK MATTISHALL DEMENTIA SUPPORT GROUP

Recently our carers group enjoyed a scented relaxing session with Sheila Crouch doing Indian head massage. This was a special request from the carers themselves and allowed them to enjoy something different. While this went on, our members were enjoying themselves singing, doing chair exercises and playing games with our wonderful volunteers.



Carers need a bit of a breather sometimes and we like to think that for a couple of hours twice a month they get their own time with others in the carers group whilst knowing their loved ones are stimulated and entertained in the main group. We aim for one-to-one ratio of volunteers to members.

Our recent campaign for more volunteers (you may have seen our flyers in the post office) paid off, with some new enthusiastic volunteers coming forward. We now feel we can accommodate even more people living with dementia in our group.

Spring is just around the corner, it's time to get out now! If you feel you might be able to volunteer to help our group, we need someone to help us who has I.T. skills - particularly to post on social media and to prepare posters and flyers we might need from time to time. You would not need to attend our regular sessions.

Mattishall Dementia Support Group meets on the 1st and 3rd Tuesday of each month, at Mattishall Methodist Church, Dereham Road Mattishall, from 10am until 12noon.

For more information contact Lin Thompson Tel: 07769573599 , linlinkdementia@gmail.com mattishalldementiasupportgroup.org

Brainteasers March 2023

Brainteaser 3 of 5

A man stands on one side of a river, his dog on the other. The man calls his dog who immediately crosses the river without getting wet and without sing a bridge or a boat. How did the dog do it?

Answer inside back cover

THE LINK



Living with Dementia?
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WHERE? Mattishall Methodist Church

WHEN? 1st and 3rd Tuesday of the month

10am till 12 noon

For Refreshment, chat, games, music and singing, fun and laughter Advice and information Separate carers group

A voluntarily run and funded group for the benefit of people diagnosed with dementia and their carers

Tel: Lin - 0776 957 3499 For more information, or to volunteer.

Happy Christmas to Mattishall from all at the LINK



Desert Island Discs





I'm Ange Peach or some of you may know me as **The Stitching Genie.** I'm married to James and we have a daughter Zosia who attends Mattishall School.

I'm originally from Norwich and hubby is from Dereham, we rented in Mattishall to see if we liked the village and instantly fell in love. We soon bought our property and have been here since 2013. Both me and James help out with the local scouts, his role is with Cubs and mine is with Beavers. This keeps us busy!

As **The Stitching Genie** brand grew, it was important for me to add some local events and some fundraising as this is important to me. I have recently set up a small **knit and natter** group which meant I could get people out of their homes and talking which is important.

My fundraising has started this year with a topic close to home, the Norfolk & Norwich NICU (neonatal intensive care unit) as our daughter was a premie. They are desperate for knitted baby blankets, premature clothes and nappies. I've been raising awareness and funds on line, which has reached over 8k people in the last few days - amazing!!

My first choice of song is **Morecambe and Wise "Bring** me **Sunshine"**, it's a lovely song and makes me smile every time I hear it. When we got married we had this played at the end of the ceremony and the guests were photographed with hands hooked behind heads and kicking their legs out!

Next would have to be a classic from **Queen – "Bohemian Rhapsody"** it's very dramatic and thought provoking at the same time. It was released in 1975 (a year before I was born).

Third choice. Let's bring it up to date with a little dance number from **PINK!** "Never gonna not dance again". I love the fun feel of this track and it often gets me out of my chair in the stitching den – it's a good one to get the blood circulating!!

So, choice number 4 would be "Born to be wild" by Steppenwolf. It makes me think of my dad when I was growing up. He loved motor bikes and had a few he used to tinker with in his garage, then one day he got an old US customs, started it and shot off up the road for a 'blip' no helmet, just a quick whizz, and I remember his hair blowing back and he looked so cool! This image will always stick in my head.

Another song that I really love at the moment is **Rihanna's** "Lift Me Up" - from the new Wakanda Forever film. I'm a massive Marvel fan, and have watched all the films in sequence too starting with Captain America.

This brings me on to my 6th choice, which also makes an appearance in Marvel... in Thor, Love & Thunder, Thor is fighting and has **Guns'n Roses**, "Sweet Child O Mine" as his tag song. It's a great track.

So, moving on to another track from a recent Netflix series, but also a cracking hit from the 80's, **Kate Bush "Running Up That Hill"** from her Hounds of Love album. It's just an iconic song, brought back to life in Stranger Things. It's funny when older songs get resurrected in new films, it gives them a new lease of life!

When growing up I would often sit in my sister's room and we would listen to records on her hifi. (any younger readers will have to google this) A track that she would always play was "The way it is" by Bruce Hornsby and the Range. I loved and still love this song - It reminds me of my sister and growing up.

My penultimate track would have to be from the motion picture Dirty Dancing! "Cry to me" by Solomon Burke. It's got a gritty drum section which is good to play along with, I learned to play drums (a little!) years ago and often play along to tracks on our electric kit (luckily it has headphones!!)

Lastly I would pick **Sam Smith** and **"Unholy",** it's a bit way out in my musical taste, it I try to listen to the charts to keep up to date with my daughter's music. I quite like the heat!

OK... so what item would I take to a desert island.. Well, it would have to be a survival book by Bear Grylls of course, he is the Chief Scout!!



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John Norton

EPISODE 5

It must have been Christmas 1960 and I was 11 when Santa left me a small black money box in my stocking. I had been reading *Treasure Island* and was enthralled by the adventures of Jim Hawkins and Long John Silver and the prospect of finding a chest of buried treasure. So having my own box, with its little key, to

stash my pieces of eight was perfect. The only trouble was, there was nothing in it. So, it became my mission to fill it many times over. Up to then my income had come from infrequent handouts of pocket money. This was supplemented by a few sixpences from uttering mild expletives in front of my grandfather and his cronies who enjoyed the spectacle, a sixpence under the pillow from the tooth fairy and the regular 7s and 6d Postal Order from my Great Aunt Dolly (a school teacher) for my birthday which was only marred by being ordered to write her a thank you letter which she then marked. I had undertaken unpaid labour for a few years. This was after my father Billy gave up baking, leaving Mattishall's supply of daily bread to his cousin Dick, and concentrated on his small business supplying pig and poultry food to the many people who kept a few hens, rabbits and the odd sow or two in their back gardens. I helped with filling and weighing paper bags of layers meal, mixed corn, rabbit pellets and other delights and loading his old van with half a hundredweight bags and sacks of feed for delivery. People used to knock at the door at all times to buy stuff and during school holidays I would accompany my father on his rounds helping where I could. Inevitably we came across some incredible Norfolk characters as we tootled around. Rosie Curson who lived in Watercress Lane comes to mind. If we called when she was having her tea, there would be a couple of hens on the table with her having a peck at the mashed potato. Another chap at East Tuddenham came out to the van to buy half a stone of growers meal and needed a shilling change which was duly given to him. He looked at my father and said quite seriously "That ent a shillin', thas two sixpences!" A highlight of the rounds was stopping off at various pubs for a little refreshment and sometimes a game of cards. Apart from the Swan and White House in Mattishall there were the Lord Nelson at Yaxham, the Bull at East Tuddenham, the Honingham Buck and hostelries at Hockering and Colton to visit.

This non remunerated work was fine, but it was not filling my new money box. I had reached the age of being allowed to cycle around, at the time on my elder sister's bike, and needed to get out into the wide world to earn my fortune. Fruit picking beckoned in the summer months. The season started in June with the strawberries at Green's Nursery in Dereham. It was fun at first on a hot day on your hands and knees picking one and then eating one before taking your punnets to be weighed and receiving a little bit of cash for the effort. After three or four hours though you were hot, feeling the effects of sun burn, and your back was beginning to creak. But it never seemed to affect the expert women pickers who seemed to keep their heads down for hours on end while their accompanying kids got bored and started to play around.

After the strawberries it was blackcurrant time. All those bottles of Ribena needed to be filled and it seemed to me that the bulk supply of the raw material came from this part of Norfolk. My school mates and I started our picking careers on a field near Welborne church during the long summer evenings and then, over the next few years, we spread our wings by cycling to Barnham Broom and Gorgate Hall at Gressenhall. You were given a plastic bucket which you had to fill with strings of blackcurrants and, yet again, you were up against the female professional pickers. Sometimes it wasn't fair and, as young lads, we were put on cleaning up bushes by having to collect the odd blackcurrant which had been inadvertently left after the first pick. We thought about striking but there was little point. On a full bush you could make good progress and you would take your bucket to be weighed, which I think would have been 14 lbs. A rigorous check was made to ensure that you hadn't somehow managed to put a few stones in the bottom of the bucket and then you'd receive your 1shilling and sixpence. The most I ever earned in a day was about £1. Mind you as the day went on more and more time was spent messing about having blackcurrant fights and sometimes being sprawled out on the ground before getting a rollicking from the foreman. When you cycled home your purple stained hands would stick to the handlebars of the bike and at night when you closed your eyes all you could see was blackcurrants. Nowadays I believe they have a machine which harvests the blackcurrants by shaking the bushes. It can't be nearly as much fun though.

The final part of the season was bean picking, and the least said about that the better. We used to go to somewhere near Easton to do this forced labour, the aim being to fill what seemed like enormous string bags. Because beans are pretty light, you never seemed to manage to fill the bag to the required weight. You'd take it up and the bag would be given a big shake which would settle the beans and you'd be sent back to put some more in. We did end up striking in this endeavour and having earned a bit from the strawberries and blackcurrants, we'd often end up going fishing in Lyng Pits or in the Wensum at Swanton Morley instead. The only instruction from your parents was to be back before it got dark.

By 1966 my grandfather Bertie E. Reeve, who we called B.E., had sold his Yaxham poultry farm and moved to Mattishall. But he was one of those people who could never retire and armed with a pickup van and a few chicken crates, which he used to store at my parents' yard, he embarked on a bit of wheeling and dealing for which he was renowned. That summer I was employed by him as his driver, labourer and general dog's body and we went around the area buying and selling livestock in between stops at various pubs which seems to be becoming a common theme in my missives. Again, some of the characters we came across were wonderful. All the markets were attended – Aylsham on a Monday, Acle on a Thursday. Dereham on a Friday, Swaffham or Norwich on a Saturday – where most of the time seemed to be spent by old boys in brown topcoats and thumb sticks having a Norfolk "mardle" (chat to you and me) and a drink. A few rabbits, hens or goats may be bought. Doing the deal was the important bit. More than once I unloaded the crates ready to fill them and the deal was not concluded. So, I'd reload the empty crates and, hey presto, the deal was done so off they would come again. Another time we were buying a dozen hens from an old boy. "What colour are they?" asked B.E. "Brown" came the reply. "Oh, that's a pity. If they were white, I could pay you more" said B.E. A few weeks later we were buying off the same chap and the ritual began. "What colour are they?". "White". "Oh pity. If they were brown, I could pay you more". That's how you negotiate.

After my grandmother died, B.E. moved in with my parents. I'll never forget seeing what I thought was a flag flying from his bedroom window. It turned out they were his trousers which my mother had hung there because he'd been handling goats that morning which had a rather fetching aroma.

To be continued in the next issue





PC 898 Paula Gilluley Breckland Community Engagement Officer

Paula.Gilluley@norfolk.pnn.police.uk

Are you interested in taking a part in tackling important issues affecting your local community? Do you know that Mattishall has an active Neighbourhood Watch Co-ordinator? The Neighbourhood Watch (NHW)

website, www.ourwatch.org.uk, gives lots of advice on the initiative and while, of course, part of its purpose is to help prevent crime, it is also about supporting communities and tackling issues that impact on the community. OurWatch describes the scheme as "Neighbourhood Watch schemes can make a real, long-lasting difference to communities: increasing cohesion and connectedness; helping to prevent crime; increasing neighbourliness and community wellbeing; supporting vulnerable people and increasing the voice of the community with councils, the police and other organisations."

As a member or Co-ordinator of a NHW Team you can work with the Police. The Local Policing Team Beat Managers

and the Engagement Officer for your area will share crime prevention advice and you can be involved in Police drop-in Surgeries where you can discuss and advise on local concerns.

There is no hard and fast rule of how schemes should be managed or run and the OurWatch website provides lots of information on getting started and suggestions on how to manage your team.

For more information on how you can support the Mattishall NHW Co-ordinator or if you would like to be included in Police alerts please do get in touch with me at Paula. Gilluley@norfolk.police.uk.

Brainteasers March 2023 Brainteaser 4 of 5

I can be bought, but I can be stolen with a glance. I'm worthless to one but priceless to two. What am I?

Answer inside back cover



Unisex Hair Salon O1362 850380 5 Mill Street, Mattishall, NR20 3QG

Sundry Musings....

And welcome to 2023: I know you're dying to ask...and no! The kitchen still isn't finished.

Robin bought himself some man tools and put the skirting board on himself, on Christmas Eve, but the new door and microwave have yet to appear. Easter?

So, the running buffet went well and all were fed and watered sufficiently for there to be leftovers in the fridge afterwards.

Now, I don't know if anybody noticed, but the pharmacy was a tad busy in December: queues were long and waiting times longer such that, by the end, we were making lifelong friends and exchanging email addresses with other members of the queue and we were on the verge of community singing before I managed to get inside. One of the doctors was on frontline duty in the pharmacy itself as there were so few staff, bless them, but it didn't take long to be served and I stepped forward eagerly to be given the wrong meds. I knew there was little chance of my getting this sorted at such a busy time and that holding up the queue was dangerous given the mood growing hostile inside, so I left with a dearth of medications.

I mention this only because after Christmas we went straight up to Dundee to stay with my son Jon, his lovely wife Laura and their Labrador pup Padley. We were accompanied by my other son Alex and his partner Wendy, who is Australian and spending two years in the UK before heading back with Alex in tow. Kate and Dan arrived on 23rd December with Luka the trusty greyhound and stayed chez Jenna whilst we were away. Well, I knew that it being Scotland, there would be hills if not mountains to climb, so that's where the drugs came in... my arthritic knee and sciatica weren't really up to the perils of long clambering and although I paced myself, I ran out of pain meds and was granted a day off to watch Netflix.

We had a great time, and it was lovely to catch up with my son, who's decided to live with Nicola Sturgeon in charge - no longer the case Deep sigh. Back at ours, we re-joined Kate, Dan and Luka, plus Alex and Wendy. We are a houseful. Kate and Dan are dwelling here whilst they sort out a house move from Gorleston to Mile Cross and central heating. They are enjoying ours. Alex and Wendy have popped up to Scotland again to see if they can rent a home for the two of them until Wendy's visa expires. Although Jenna has four bedrooms and thus sufficient for three adult couples, Robin's bedroom is a work in progress and he sleeps in the snug on a futon type arrangement which used to be converted into a small settee during the day with a couple of scatter cushions, but since has moved in, Luka likes to spread himself out on it and wallow...so we leave it as a doggy bed. He'll even waltz in come morning and sleep alongside Robin who is such a deep sleeper he hardly notices.

It's different living with a dog; some of you may remember that I am afraid of them, generally, but Luka is a softie. He will approach you and if he likes you or is feeling friendly, will lean on you whilst you make the appropriate fuss over him. He likes a belly rub. I find myself talking baby talk to him: "Who's a good boy then," I say on a regular basis. But he has his moments. Robin and I eat meat but will share a family vegan meal, but overall, we eat meat and veg. Now Luka eats meat and kibble, so when he smells meat, he assumes it's for him, comes sniffing to the table and being so tall can reach your plate, and must be discouraged. It's exceedingly difficult. He will even sniff your lips as you bear down on your chicken



Tina Cooper

curry in the hope of inhaling a portion. I find the best course of action is to save a small mouthful of cheese or ham to offer him after we've finished, as a reward for not eating ours.

And this week in particular, Norwich Science Festival, Kate and Dan have been representing their company Precious Plastics East and have left Luka with us. He knows they are not here and will still flop inelegantly onto the daybed for a while, but if he starts to whimper at their absence we resort to the odd treat and a turn around the garden. There he sniffs everything in sight, including all the cars that go past, hoping to find the aroma of his mummy and Daddy (for he is like a baby and doesn't get the concept of "in a minute").

The last couple of days he has been trying to catch a fly...in his teeth. We have a pesky one in the snug and it irritates Luka quite a lot. He will be resting nicely and then Wham! His jaws will snap shut in the air haphazardly as he tries to catch it. It's most disconcerting as he has no concern for his surroundings and will snap too close for comfort or twist such that he falls flat on his back in his vain efforts to eat the little blighter.

So, I hear you mutter, you're not frightened of dogs anymore? Well, I like this one, is as far as I will go. Robin wouldn't consider getting a dog however because they poo and you cannot take them into bird hides. So, we won't be getting one anytime soon. I shall make do with the mad greyhound and his idiosyncrasies.

Ah, a message from John the kitchen chappie, the doors are in stock. We might see an end to the building work. But no, having had the gutters cleared and the roof cleaned of moss, it became apparent that we needed to repaint or replace our facias and soffits. We have a company coming, at a price, to replace them with uPVC ones.

"Buying a house is like digging a big hole and pouring money into it, isn't it Mum?" says Jon from Scotland. How right he is, how right.

Tina Cooper



LITTLE ANGELS

TODDLER GROUP

Are you a parent/carer at home with pre-school children?

Would you like to meet up with others to chat, have refreshments and let your children play in a safe, warm and happy environment?

If so come and join us – we would love to see you!

ALL SAINTS' CHURCH, CHURCH PLAIN, MATTISHALL

EVERY WEDNESDAY IN TERM TIME

9.00 AM - 11.30 AM

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We have a team of volunteers who are ready to welcome you and your little ones.

Further details from Sue Cossey.

Email: sue.cossey@matvchurch.uk

Tel: Church Office 01362 858873

Facebook: https://www.facebook.com/LAMattishall





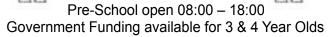
BISHY BARNABEES DAY NURSERY

SOUTH GREEN PARK, MATTISHALL

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We run from a purpose built building with ample free parking and two large gardens





Various sessions and hours available to suit your family

For Further Details Please Contact:

Louise or Julie on 01362 850947 Or visit our website at www.bishybarnabees.co.uk

he Centre Section Dedicated To Young People in Our Area



1st Mattishall & District Scout Group Scout HQ - On the grounds of the Mattishall Primary School

Through a fun youth activity programme we try to prepare young people with skills for life. We encourage our young people to do more, learn more and be more.

Scouting is for GIRLS and BOYS aged 6 - 14 ******

Beavers are growing, there are more of us, so we now have a waiting list. If you would like to join us having lots of fun as well as new experiences, then please let Badger know your details. Recently we have learnt some knots - you might think this rather boring but we use strawberry laces so we can eat our success! We practised for our entertainment and the audience (of parents) seemed to enjoy it. We have also made paper aeroplanes after visiting Norwich Aviation Museum - all part of badgework.

In January we designed vehicles to transport an egg down a steep slope, then built them out of Lego. Luckily the eggs were hard boiled as none of the vehicles survived! We experienced some Scottish activities to celebrate "Burns Night" and had a Cuddly Pet Show with a visitor bringing in some not so cuddly pets from BugzUK. Chief Scouts Bronze Awards were presented to Devon, Zosia, Edward, Arthur, Kaleb, Alfie, Caleb, and Leo.

Cubs brushed up on their cooking skills last term and had a sleepover in November. Christmas pottery decorations were created as gifts for the family, and in December, paramedics came to share first aid skills. This term cubs have been doing their science badge and also trampoline bouncing with scouts in Norwich.





Scouts worked towards their chef badge last term, practising planning, budgeting and camp cooking skills. A team of Scouts took part in a District Event in November hiking between check points and completing team challenges. They competed against scout teams from across the area and had to demonstrate skills such as emergency aid, teamwork, communication and navigation. This term they are working on their skills and creative challenges as well as enjoying a Highland Games night (with curling, caber tossing and haggis).

Group News: Beavers, Cubs and Scouts paraded to join the village's Remembrance Service on the Green and we will also be participating in the Village Coronation Celebrations on 7th May.









These are the 'normal' session timings which we hope to be able to follow next term once again.

BEAVER SCOUTS - GIRLS AND BOYS AGED 6 - 8 TUESDAYS 6.15 - 7.30PM Contact Su McKinnell on 07514 032678 CUB SCOUTS - GIRLS AND BOYS AGED 8 - 10 WEDNESDAYS 6.15 - 7.30PM Contact Emma Day - email: eeyore41983@aol.com SCOUTS - GIRLS AND BOYS AGED 10 - 14 MONDAYS 7 - 9PM Contact Ann Futter - ann.futter@live.co.uk

17 Spring 2023



Mattishall Primary School

MPS have registered and will be collecting the Archant 'Lego Education' tokens.

This promotion will give schools across the region a chance to share in £100,000 worth of LEGO Education resources and we are registered to collect them. The winning schools will receive £1,000. Second prize will be £500.

Every other school that collects more than 1,000 tokens will receive £50 to spend.

Tokens will be available daily in the Eastern Daily Press (two on Saturday), Norwich Evening News (two on Saturday) and weekly in the North Norfolk News, Dereham and Fakenham Times, Beccles & Bungay Journal, Lowestoft Journal and Great Yarmouth Mercury.

Please ask all your family and friends to cut out their tokens before they recycle their newspaper to give us the best chance of winning.

The first token appeared on Monday 20th February and the final token will be on Saturday 29th April.

The collection box will be placed just outside our main office when we receive it.

Thank you in advance for your donations



THOUSANDS OF POUNDS OF EDUCATIONAL EQUIPMENT TO BE WON

KEEP COLLECTING TOKENS



LEARNING WITH LEGO EDUCATION IN PARTNERSHIP WITH CREATIVE HUT

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Mattishall Primary School



Are you an 'older' member of our local community, maybe in your seventies or eighties?

If you have some time to spare, a good grasp of written English, and if you enjoy spending time with children, we need your help!

Mattishall Primary School is looking for older volunteers from our local community to join us for two hours each week during term time. We'd love you to help us by listening to our children read and talking with them about their reading.

If you can spare some time and would like to come and help us, we will reward you with a cup of tea or coffee, biscuits and a warm friendly environment. Please contact the Headteacher, Mr Chapman, on 01326 858451 for an initial discussion.

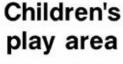
Thank you!

Please note that we will require you to agree to our Code of Conduct and have a DBS (Disclosure and Barring Service) check carried out.

Mattishall Primary School
(Part of Synergy Multi Academy Trust)
kindly asks that dog owners do not walk
their dogs on the school grounds at any
time. This includes the large back field
as it is part of our learning environment
and property of Synergy Multi-Academy
Trust.

Thank you for your understanding.











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- Car not essential
- Permanent work / same home weekly
- Hours / days to suit candidate
- Police check and references required

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www.cleanersrus.co.uk karen@cleanersrus.co.uk



Reception children enjoyed visits from a nurse, a police officer and a firefighter who all talked to them about their work.





Year 2 children experimented with different objects to make patterns and effects in clay.





Year 3 children learned about different artists and improved their skill in art and design by sculpting clay to create their own clay peppers.



Year 4 children helped local resident Mrs Beverley Cooper plant a living memorial of tulips in her garden to commemorate the brave men and women who lost their lives during World War II.



Year 4 children welcomed Mrs Burton, one of our parents, who came in to talk to the children about how to keep their teeth healthy. They were shocked to find out how much sugar is in a chocolate bar and a fizzy drink!



Year 5 children took part in a national Number Day in support of the NSPCC and applied their maths skills to everyday scenarios and to solve a mystery by cracking a code.



Year 6 children applied their budgeting and money management skills by sourcing ingredients that were the best value for money to make and ice 6 cakes.

Rockinghorse Daycare

Rockinghorse Daycare, in Mattishall, provides quality care for children between the ages of 3 months and 5 years. We also provide additional facilities for school-age children in the form of 'Stallions' our Breakfast, After- School and Holiday Club.

Open 8.00 a.m. – 6.00 p.m. Monday to Friday, 51 weeks of the year (excluding Bank Holidays.)

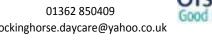
15 & 30 hours Early Years Free Entitlement available. Tax free childcare and childcare vouchers accepted.





Debbie or Ruth on

rockinghorse.daycare@yahoo.co.uk



19 Spring 2023

A)NDNA



A Great Day Out on your Doorstep!

Re-opens for 2023 on Monday 13 March

Find out what's on at: www.museums.norfolk.gov.uk/gressenhall Gressenhall Dereham NR20 4DR

Free admission with a Norfolk Museums Pass



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Mattishall's Forgotten World War I Soldier

The following account is taken from the Mattishall Village website provided by Ray Taylor, owner of the website and it is thanks to his perseverance that the Parish Council have agreed to have Norman Wrighton's name added to the Mattishall War Memorial.

It had been almost 100 years when, by a sheer fluke, the name of NORMAN WRIGHTON was discovered on a poem found in the personal effects of Private Sydney Marshall Cole of Mattishall who had been killed in action in 1917. After much research it turned out that Norman was one of the FORGOTTEN First World War soldiers who had slipped through the net of recognition.



Norman Wrighton

He did not die in action but died through enduring extreme and poor conditions whilst carrying out his patriotic duties to assist his country in the war efforts – In his former life he was a stage artist, writer and poet. Research has discovered he expressed his love for Mattishall and our local area in many ways. In 1913 he wrote plays called 'Wake up England' and "Kultur", plays which foretold the First World War. (Extracts from these plays can be found on the village website).

The plays, extracts of which can be found on the village website, are centred in Mattishall where the villagers are under attack by German ground troops and, in fear of their lives, some have taken refuge in All Saints Church. He also wrote poems, one of which 'An Anglers Ode to Norfolk & Country Life' was read out by Bill and Anna English on the first Remembrance Sunday Service at Mattishall's new War Memorial on the village green.

His plays were approved and used by the military in their massive recruitment drive. They were performed up and down the country and also performed in front of the King and Queen of England. In June 1916, a national newspaper (Daily Mirror) reported "Through his personal efforts he had recruited over 3800 men for military service".

This man's full name is Private (Acting Sergeant) FRANK HENRY (NORMAN) WRIGHTON and he died on 2nd November 1917, aged just 38, in a nursing home in Torquay, Devon. We can only assume due to the circumstances at the time and the shortage of money he was buried in a common grave together with five other men - This man was also a veteran of the Anglo-Boar War where he served in the Rhodesian Police hence the reason he was exempt from going to the front.



A KNIGHT IN ARMOUR IN THE WEST END
Sergeant Norman Wrighton in armour
bright, appeals for recruits from the steps of
Sir Henry Irvings statue

After 6 years of intense investigations the Commonwealth War Graves Committee agreed and approved Private Wrighton as being one of the 'FORGOTTEN MEN' who had slipped through the net. On Thursday 15th July 2021 there was a dedication service performed by the Kent and Sharpshooters Yeomanry Association in Private Wrighton's honour on a site near his communal grave. The site is now home to a newly erected headstone in recognition of his service and his ultimate sacrifice.

In the local newspapers at the time (1917) Private Wrighton was described as a 'Native of Mattishall'. Private Wrighton's mother came from this area plus he had married Winifred Bernice Norton of Mattishall Burgh in 1905.

The research on Private Wrighton has certainly proven his heart was here in Mattishall. He has ticked all the boxes and passed The Commonwealth War Graves Committee strict scrutiny to finally be recognised as a Forgotten Soldier. There is little doubt this man has qualified for a place of honour and his name will now join the other men who lost their lives in those dreadful wars.

More information about Norman Wrighton can be found on the village website www.mattishall-village.co.uk along with so much more about the history of Mattishall.



UPDATE FROM MATTISHALL PARISH COUNCIL ON THE BRECKLAND LOCAL PLAN

Breckland District Council (BDC) is currently preparing a review of its Local Plan. The review will roll forward the current plan to 2046, including the allocation of sites for new developments and a full review of other policies as necessary.

Between April and December 2022, the council undertook a "Call for Sites" consultation as part of the update on the Local Plan. This is a way for landowners, developers, individuals, parish and town councils and other interested parties to suggest sites for development or for protection as Local Green Space.

BDC need to ensure that the sites eventually allocated within the Plan are deliverable. This means, among other factors, that the landowner is open to developing it within the required timescales. As such, a Call for Sites is an important part of finding out what land may be available.

In Mattishall, sites have been put forward for possible development at: South Green; Ivy Way; Thynnes Lane; 149 Dereham Road; and South Green Business Park. In total these sites might deliver over 350 dwellings and a new Medical Centre and Pharmacy.

There is no commentary from BDC about suitability of any sites and just because a site has been submitted it does not mean it will form part of the new Local Plan.

BDC are not formally seeking consultation on the sites at this stage of the local plan-making process.

Alongside these proposed "development sites" Mattishall Parish Council has submitted proposals for nine sites to be classed as Local Green Spaces, thereby seeking protection of the sites from future development. These sites are at: Rayners Way; Thynnes Lane; School playing fields; South of Norwich Road; North of Norwich Road; South and West of Ivy Way and Rayners Way; Off Back Lane, Dereham Road community woodland; Dereham Road/Howes Lane.

BDC has further information on the above sites available at https://brecklandlocalplan.commonplace.is. Alternatively search for planning policy on the Council's website breckland.gov.uk.

Issues and Options

In January 2023 BDC approved an Issues and Options document for public consultation. This is a key part of the update of the Local Plan and is the first of several rounds of public consultation in the Local Plan preparation process. The document provides an introduction and some background information about Breckland covering important topic areas including both the amount, type and location of future housing development; the economy; the built and natural environment; climate change; sustainable construction; transport and provision of infrastructure. For each topic, there is a commentary followed by a question or set of questions allowing people to express their views and suggestions.

The consultation will formally start in March 2023 and the web link for the consultation document can be found here: Have Your Say Today - Full Update – Breckland Local Plan (commonplace.is)



Sing for the King

A free evening of song and celebration for the Coronation of King Charles III

Thursday 4th May 2023 at 7:30pm
All Saints Mattishall

Mattishall and Tudd Valley

MORE NOTICES RAISING A SMILE - worldwide usage of the universal language of English

Hotel, Yugoslavia: The flattening of underwear with pleasure is the job of the chambermaid

Hotel, Japan: You are invited to take advantage of the chambermaid.

In an East African newspaper: A new swimming pool is rapidly taking shape since the contractors have thrown in the bulk of their workers.

Hotel, Vienna: In case of fire, do your utmost to alarm the hotel porter.

An advertisement by a Hong Kong dentist: Teeth extracted by the latest methodists.

Tourist agency, Czechoslovakia: Take one of our horse-driven city tours. We guarantee no miscarriages.

Advertisement for donkey rides, Thailand: Would you like to ride on your own ass?

Airline ticket office, Copenhagen: We take your bags and send them in all directions.

A laundry shop in Rome: Ladies, leave your clothes here and spend the afternoon having a good time.

For Hire

Welborne Village Hall

Fully equipped historic village hall perfect for many small gatherings, meetings, parties, etc

- The ambience of the Victorian School but with modern facilities.
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go to www.welborne.org.uk to make bookings

Now open for private bookings for up to 50 people

Luke Rackham

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New installations Fault finding Sky to freesat revert

Sky to freesat revert Dish to scaffold relocation IRS communal systems

Aeria

New installations Fault finding Additional TV points Sky eye distribution FM & DAB radio

Home Entertainment

Wall mounting TV's Hiding cables

Sky Q to Sky eye distribution Speakers in walls/ceilings

CCTV

Commercial 6 Domestic installation Personalised system design IP

Anatogue

07960177998 Mattishall, Dereham luke_rackham@hotmail.co.uk



Telephone Number: 07860347948

Email Address:

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News from the Surgery

Bank Holiday Closures

Easter Friday 7th - Monday 10th April reopen at 08:30 on Tuesday 11th April

Early May Monday 1st May reopen at 08:30 hours on Tuesday 2nd May

Coronation Monday 8th May reopen at 08:30 hours on Tuesday 9th May

Spring Monday 29th May reopen at 08:30 hours on Tuesday 30th May

If you have an urgent medical need that cannot wait until the surgery reopens and need to contact the Out of Hours GP, please call NHS 111.

Please note that the Dispensary is very busy in the run up to bank holidays. Remember to order and collect your prescriptions well in advance to ensure you have all your required medication over the bank holiday weekend.

24/7 prescription collection point & text message service (SMS)

The practice recognises the difficulties and experiences encountered by customers/patients collecting their prescriptions from Mattishall Pharmacy. Our service provision has been impacted by several factors which include staff absences, vacancies, and recruitment. There is a national shortage of locum Pharmacists and a global impact of procuring medical supplies along with increased demand.

In recognition of these factors and to continually develop our service provision, we have invested in technology to enable us to send you a SMS to notify you when your prescription is ready to collect. If you're not already signed up, please either visit the Pharmacy and complete a consent form or email us at **mattishalldispensary.d82039@nhs.net.** Your email should have **SMS** in the subject header and include your name, date of birth and mobile number. We will action the request within one month of receipt, however, please be advised that we will not be able to reply to the SMS email if it contains any other enquiries.

We have also invested in the installation of a 24-hour 7 day a week prescription kiosk via an externally accessible collection point. This is currently in the early stages of development and planning; however, we aim to proceed with installation in Spring 2023.

Electronic Prescription Service (EPS)

You may not be aware but we run a hybrid dispensary/pharmacy, that means that as a surgery we are allowed to dispense medication to anyone that lives further than a mile from their nearest pharmacy. This is over 60% of our patients. For those that live within a mile of a pharmacy, the surgery cannot dispense to you, and your medication has to be processed by a pharmacy.

EPS currently cannot accommodate dispensing surgeries such as us, so moving to this would be disadvantageous. We are eagerly anticipating EPS2 an updated version which we hope will include Dispensing Doctors and Hospitals and remove the disparity between Dispensing Doctors and Pharmacies.



NHS Health Checks

Mattishall & Lenwade Surgery offer health checks for patients aged between 40-74 for those that have not previously had a health check in the last 5 years. If you wish to find out more, please contact reception to book an appointment.

Pneumococcal Vaccination

Any patient over 65 who has not previously had a vaccination against Pneumococcal disease is eligible for a Pneumovax immunisation, please contact reception to book an appointment.

Shingles Vaccination

Any patient between 70-79 who has not previously had a vaccination against shingles is eligible for an immunisation, please contact reception to book an appointment.

Practice Engagement Event on Thursday 27th April 2023 between 18:30-19:30

The practice would like to take the opportunity to provide an update for our patients and will hold a patient engagement event at Poultec Training Limited, South Green Park Enterprise Centre. We would like to welcome our patients to this event, however there will be limited capacity and an update will be published via our website.

Also, at this event we would like to advertise our Patient Participation Group (PPG) which is a group of people who are patients of the surgery who want to help. You can either express your interest at the meeting or see further details and PPG sign-up form on our website in the link below; https://www.mattishallsurgery.co.uk/practice-information/patient-reference-group/.

Zero Tolerance

Following recent events regarding abuse towards our staff, we would like to remind patients that we are here to help you and will not tolerate this kind of behaviour.

Age UK Advice Line 0800 678 1602

is free to call 8am - 7pm 365 days a year

Age UK are well aware that arranging social care can be a challenge. From knowing where to start, what type of care and support you need and who pays for it, there are lots of questions to ask. But they remind us that we are not alone — they are to help us through the process.



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Roundabout

Community Pages, News from Community Groups & Societies, Social and Church Events. What's on in and around Mattishall

Mattishall Methodist Church

Weekly Sunday Services at 2.30 p.m.

Easter Day Service with Holy Communion: Sunday 9th April at 2.30pm led by our minister Rev Anne Richardson.

Chapel Anniversary Service: Sunday 23rd April at 2.30pm led by Rev Betty Trinder.

Monthly Saturday Charity Coffee Mornings: 10.00 - 11.30am - April 15th, May 20th and June 17th.

See Noticeboard for details. All welcome.

Mattishall and Tudd Valley Benefice

Sunday 2nd April - Palm Sunday, 9:00 at Mattishall and Welborne and 10:30 at Mattishall

Thursday 6th April - Maundy Thursday, 18:00, Maundy Thursday Service including light supper

Friday 7th April - Good Friday, 14:00, Hour before the cross - a service of mediation and reflection at East Tuddenham

Sunday 9th April - Easter Day, 09:00 at Mattishall and Welborne and 10:30 Mattishall - Communion for Easter Day

Sunday 30th April, 10:00, Service focusing on the work of Christians Against Poverty at Mattishall

Sunday 7th May, 9:00 at Welborne and 10:00 at Mattishall, Celebration of the Coronation of King Charles III at Mattishall

DROP IN COFFEE MORNING

Thursday mornings

Every Thursday morning All Saints Church, Mattishall is open for our weekly coffee morning. Numbers are increasing and we regularly have over 30 people drop in for coffee, tea, cakes and biscuits between 10am and 12. We do not have a set charge



but if possible we ask that people make a small donation of $\mathfrak{L}2$ to cover costs. That's not bad for unlimited drinks, biscuits and sometimes cakes or toasted teacakes. It is also quite warm in the church so it is a great place to come to socialise, make new friends and enjoy a cuppa. All ages are welcome.

We are also planning to have our usual pre-Easter party on the 6th April from midday with a buffet and some singing.

We can also direct people to appropriate places to get support if needed. Just ask for me and I can have a chat to see what can be done to point you in the right direction.

Lizzie

Mattishall Walking Group



The walking group meet every week (alternate Tuesdays and Fridays) and the length of walk is determined by who turns up and weather conditions but generally it is about 4 miles. We meet at All Saints Church at 10.30am and are a friendly group that enjoys a chat while we walk. Each week our walk is advertised on Nextdoor but if you want further information, please email me Hazel Goodall on hazelnutmum@yahoo.co.uk.

LIZZIE'S BOOK LOVERS CLUB

- Monthly meetings

Our meetings continue take place in All Saints Church, Mattishall on the 2nd Wednesday every month from 2.30pm. Numbers continue to grow as we chat and swap books we have read. There is no set reading, just a very informal



meeting where we chat over a cuppa.

Another great way to meet new people and make friends.

Everyone is welcome and although there is no formal charge a small donation of $\mathfrak{L}1$ is appreciated to cover costs.

Hope to see new and existing members at our meetings.

Lizzie



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27 Spring 2023

Mattishall Parish Council News

LATEST NEWS FROM THE PARISH COUNCIL

Upcoming events!

King's Coronation Event Sunday 7th May 2023 2-6pm at Mattishall Sports and Social Club

Come along to join us for a spectacular village event celebrating the King's Coronation.

There will be stalls, games, ice creams, face painting, BBQ, archery, axe throwing, cave sims, children's tea party, the big afternoon tea and much more.

We also have the ABC Blues Brothers band playing.

May Elections

Ordinary elections are held every fourth year on the first Thursday in May, with the next election due on 4 May 2023.

Nominations are to be received no later than the 4th April at 4pm and MUST be delivered by hand to Breckland District Council.

If you are interested in becoming a Councillor please visit Breckland District Council website

https:// www.breckland.gov.uk/ elections/2023/districtparish

or alternatively contact the Parish Clerk for a nomination form.

Mattishall Neighbourhood Plan

The Mattishall Neighbourhood Plan Steering Group recently carried out a community consultation exercise to find out how you would like the village to evolve into the future. We asked three questions:

What do you think works well in the village- What doesn't work so well-, and What do you see should be the priorities for the future?

The Parish Council would like to thank all of you who submitted your views- we really do appreciate it. We have received over 100 responses from you both online and via the questionnaires in Miscellanea. The summary of your responses are as follows:

What works well?

Sense of community · Shops/cafes/PO etc, village facilities · Village location · GP Surgery · Access to the countryside

What doesn't work well?

Parking- village centre and near Mattishall News · Pharmacy* · GP Surgery · Bus service** · Traffic · Over development

Priorities for change

Improve Pharmacy and GP access/service* · Improve bus service** ·.

Limit further development · Improve village appearance ·

Improve parking · Reduce speeding traffic

- * The survey was carried out at the time of high demand together with other issues affecting the surgery and Pharmacy
- ** The survey was carried out before the bus timetable/frequency was changed in February.

Your survey findings will help shape the policies and projects that will be included in the new Plan. Our planning consultants are now preparing the next stage and we will be going out to ask your views again. We need to ensure we have a Plan that will mean Mattishall remains a great place to live and that any future development has a positive impact on our village.

We will be holding a "drop-in" session where you will be able to view our draft proposals and find out more about what we are proposing. Please come along and have your say on the important final shape of the Plan.

Mattishall Neighbourhood Plan- Have your Say, Drop in Session

DATE: 24th April 2023 TIME: 10:30 - 18:45

VENUE: South Green Business Park (Poultec)

http://mattishallpc.info

clerk@mattishallpc.info

The Parish Council

Richard Turner (Chair)
Graham Clarke(Vice Chair)
David Fowler
Richard Norton
David Piper
Janice Smith
John Pickering
Mike Onassis
Roisin Murray
Anita Rose Parish Clerk

Further details of councillor responsibilities, details of meetings and minutes are on the website. If you would like to discuss anything related to the Parish Council, please contact the Clerk.

Annual Parish Meeting

Monday 24th April

The Annual Parish
Meeting is a meeting for all, It is not a meeting of the Parish Council.
Anyone may attend.

Meeting to be held at Poultec, South Green 7pm



MATTISHALL PARISH COUNCIL BUDGET 2023 - 2024

Mattishall Parish Council is made up of members who live within 3 miles of the village. Councillors volunteer their time to serve and protect the interests of households in Mattishall. The Council has many areas of responsibility in our village some are bins, benches, play area, village green, play area, cemetery, allotments, war memorial, notice boards, defibrillator.

The Council employs a Parish Clerk (Anita Rose) who is appointed by the Council and carries out all the functions required by law as the Council's Proper Officer. The Clerk is also the Council's Responsible Financial Officer (RFO).

Mattishall Parish Council has not raised its precept for the last two years. This year the Council has resolved to raise the precept to £63,852.33 from £59,204.00 and has provided the following breakdown confirming where monies are to be spent.

RECEIPTS

This amount is made up from:

Allotment fees

Cemetery fees

Donations

Grants

Glass recycling.

Total Receipts £1,963.00

PAYMENTS

This amount is made up from the following costs:

Employment

Administration and Expenses

Maintenance of open spaces and Equipment (including Allotments,

Cemetery and Play Area)

Church clock and churchyard wall

Grants (Community Car Scheme, Mattishall Community Hub)

Projects / Events (Coronation Village Fayre)

Youth provision (provided by YMCA)

Total Expenditure £92,652.00

 Grand Total
 £90,689.00

 Precept
 £63,852.33

 Reserves
 -£26,837.00

 Tax Base
 919.40

Band D £69.45 (2022/23 £64.45)

Mattishall Parish Council work hard to ensure that residents, businesses and visitors enjoy our beautiful village and are always open to new suggestions and ideas.

http://mattishallpc.info

clerk@mattishallpc.info

News from Mattishall Sports & Social Club

With Christmas and New Year far behind us and the days getting longer and hopefully warmer, we look forward to the Spring, digging out the Social Club's BBQ and once again enjoying the outdoor entertainment that the club works hard to put on for you.

At our AGM back in November we were lucky enough to recruit several new committee members including a new Chairperson and Deputy Chair and a reshuffle of other duties, helped the club to stay open. Without the volunteers on the committee spending hours behind the scenes, the club would not be able to function. We are always looking for volunteers and if you think you might be able offer your time, please contact the club for further details.

Over the past few months, the Committee have been updating and brightening the inside of the club. The photo wall has been painted as well as the tables and the installation of new bar stool seats. We've had a new floor fitted behind the bar as well as new security cameras in some areas.



With ever increasing food prices the club offers the opportunity to have a chance of winning a variety of meat. A draw is held every 2nd and 4th Sunday in the month and only £1 a square! Squares can be purchased from the club and hopefully you'll be lucky.

Playing Card Bingo continues to be a must for anyone wanting a bit of light relief at the end of the working week. Please see our Facebook page and posters in the club for the next date.

Upcoming events for your diary:

Easter Sunday 9th April - Country Music from Kendall 2-5pm

King's Coronation Sunday 7th May - ABC Blues Brothers Tribute Act 2-6 pm (Please poster on p ??)

21st May - Step Back Duo - 2-5pm Music throughout the decades July 2nd – Pagan is back! 2-5pm

Current opening hours:

Monday: 4 - close Friday: 3 - close
Wednesday: 4 - 8 Saturday: 12 - close
Thursday: 4 - close Sunday: 1 - 8

Working with the Parish Council and with the agreement of the Memorial Hall committee, the Social Club is delighted to announce that on Sunday 7th May a Coronation Village Fayre will be held to celebrate King Charles III accession to the throne.

Our bar will open at 1pm and the Fayre opened by the Town Crier and will run 2-6pm. The Fayre will be held on the grounds behind the Club and Memorial Hall, so everything will be at one location. Keep your eyes peeled for posters going up around the village, and notices on social pages for further details. Everyone is welcome to come and enjoy this special occasion.

Many thanks to you all for your continued support. We hope to see you soon x



Mattishall Bowls Club

We have come through a very mixed bag of weather during our closed season: wetter in the autumn than normal followed by colder temperatures than we have got used to in winter. The grass is growing well but so is the moss, so we will be busy in the next few weeks getting the green fit for play ready for our opening in April.

We are a club for all ages. We have members from early twenties to 100! In January, we congratulated our oldest member, Stanley, on reaching this milestone and look forward to seeing him up at the green once the weather improves a little. Stanley has been a club member since its inception and was involved in the laying of the green and the installing the club house back in the day, and we are still benefitting from the work he and others put in at that time.

We play in 3 leagues and these begin in early May and go through to the end of August. We also run club competitions throughout the season. All we need is a good summer weather-wise!!

We are open for any potential new players on Sunday 23rd April and Saturday 29th April at 2pm.

Whether you are someone who has never played before or a more experienced player thinking of joining, please come along, meet us and give the game a try!! We will provide you with any equipment needed and tuition if necessary – bowls is accessible to most people and you can join to play for fun and/or play in leagues.

We are based next to Mattishall Social Club and there is plenty of parking so come and have a go – it will not cost you anything in the trial sessions. You might find yourself a new pastime offering outdoor gentle exercise throughout the summer!! Flat soled shoes/trainers will be needed on the green, but dress is casual and comfortable.

Please contact Gerry on 07908 205023, to agree your day and times.

Mattishall S & SC 'a' darts team...

Ended another successful Dereham Thursday Darts League season with a joint second place finish in Division Two and then in true underdog spirit, clinched the Subsidiary Cup title in a gripping match at Finals Night against the solid, middle of Division One team from General Townshend Club in Fakenham.

Following a successful '1001 play-off' decider leg in the Subsidiary Cup semi-final against Watton Kings Arms 'a' after the aggregate match score being 9-9 after two games, Mattishall Sports & Social Club 'a' turned up to Finals Night at Aldiss Park (home of Dereham FC) in high confidence but with more hope than expectation against their higher placed opponents.

The matches on the night ended 3-3 after the singles interval (with wins for Dave Everett, Kevin Bugg & Wayne Fulcher) and then was level at 4-4 going into the final doubles match of the tie (following Kevin Bugg and Wayne Fulcher winning their pairs match)



when Darren Maidment and Shane Gould stood up to the oche and played out of their skin to bring the trophy home in the final leg.

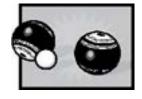
It had been a long fifteen years since the team had last won the cup and three of the founding members of that team (Daniel Pratt, Matthew Goddard & Jonathan Brown) are still a big part of the side.

They are now looking forward to challenging themselves at the highest level, in Division One, next season and are grateful for the support and congratulations we have received from village residents and members of the Sports & Social Club in achieving their success.

Team Photo (from left to right):

Top row - Daniel Pratt, Matthew Goddard, Darren Maidment & Dave Everett. **Bottom row -** Taylor Pratt, Shane Gould, Jonathan Brown, Elvin Pratt, Wayne Fulcher & Kevin Bugg.

MATTISHALL BOWLS CLUB



The Club invites new and experienced players for the coming season. New players can come along and have a free taster session on the dates below.

- Playing in 3 local leagues
- Players of all ages
- Friendly, sociable atmosphere
- Equipment & tuition provided for these sessions
- Good links with the social club

Open days
Sunday 23rd April and Saturday 29th April
2pm – 4pm. All Welcome!

South Green, Mattishall, NR20 3JY
To let us know when you are coming or for more details contact Gerry (07908 205 023)

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Writers Hub



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The doll "Matti Shawl" her history

The first thing I remember is being in a place that was dark and not very happy. There were quite a lot of us, all alike, in a cramped space. It was some kind of a box I later understood.

After a while it got lighter, the box had been opened, and I found myself on a ledge not feeling very safe. I was picked up and turned about for some little while before another uncomfortable space of time. The next think I remember was light, warmth and lots of colour and a prickling in my back.



After what seemed a long time I was picked up again and a little voice squealed with delight. "Oh mummy, this is just what I wanted". Apparently I was a Christmas gift to a little girl. She hugged me almost too tightly, she wrapped me in a shawl and said my name was to be Matti. Her mother asked her where she had got that name from but she just laughed and said she didn't know.

I spent many years with that little girl called Jenny and we had quite a few adventures along the way. When I got lost, as I did once or twice, she would call loudly for "Matti Shawl". It seemed that was to be my name forever. As my owner, who I liked to think of as my mummy, grew up she played with me less and less but did sometimes take me out and show me to her friends. She had a dolls pram by this time and I spent many hours in that, waiting to be lifted out and made a fuss of.

The day came when I was given to another owner, she was not so kind but well, it was a home and I had been left alone for some time, so I made the best of it. During this time Peggy, the girl was called, sometimes took me to bed when she was frightened. We were not always in a proper bed but in a place she called the shelter. Often, while we were there, I heard loud crashes and once woke up covered in dust and Peggy was crying. I did not understand what was happening at those times but heard people talk of war and bombing. It was very scary and I could understand Peggy crying.

The day came when even Peggy was too old to play with me anymore, I seemed to go from place to place at this time, not all of it very happy. Sometimes, I would lay in a box alone for quite a long time. Then another girl would own me for a little while, we must have moved about a lot too because some of the houses I stayed in were quite small. But one day after a long ride I came to live in a large house.

I could hear strange noises at night and saw creatures I had not seen before. By now I had a new mummy again, this one is called Rosy, and she was Rosy by name and in looks and was a vey sunny little girl, we were very happy together. It turned out I now lived in the country in a place known as Norfolk. The air there was soft and clean after London and the noises I heard were of cows and sheep. I also heard more birds singing, it was lovely.

I don't really know how long I stayed with little Rosy except she was no longer so little, but I did have a while with her sister Pansy, another happy girl who looked after me very well. I am sure they both loved me a great deal. I stayed there for many years, some of which were just sitting on a shelf in the girl's bedroom. I was just taken down now and then.

The day I found most upsetting came when I awake to find myself very wet and cold and a long way from home. I have no memory of how I came to be where I was. I do know I felt very sorry for myself and much unloved. I seem to be stuck in a bush, what would happen to me know I wondered?

Well, I will tell you what I can remember, I am getting quite old by now and things are not so easy to recall. I was picked up by a lady who said "you poor little thing, I must find you a new home and some warmer clothes". I was taken into a paper shop, dried out by a heater and given a very nice pink cardigan to wear.

This was a luxury after the way I had been found... but that is not the end of my story. I was taken to many shops trying to find my owner, but no-one knew where I had come from. The last shop was a hairdresser's where I was cleaned up and new, very different kind of clothes were made for me, they were very nice and warm.

I am now being looked after by a lady who has set up a competition to find me a new home. She has asked little girls to write about me in the hope of winning me.

I do hope someone will write about me as if they knew me and really wanted me. I would love to belong again and I have lots of love still to give. So, if you are in need of a new dolly, please write your best won't you?

Doris Rich, Writers Group (now disbanded)
Illustrated by Alfie Guglielmuzzi (Age 10)

Why I come to Mass

Why I come to Mass is clear Because of Jesus, preached of here

The Way, The Truth, The Life, I see None comes to Him except through Me

The joy of hearing Jesus' name
The humble knowledge, why He came
To save us from our sins so grim
He gave His life, I trust in Him
The Eucharistic Gifts I'm given
This portal to His precious Heaven
And prayers flow through - a running stream
Its source, a light with endless beam
A priest who's given this gift of love
And shares it with us from above
I come to Mass, it makes my week
Because Salvation's what I seek
The only place to hear and see
What Jesus's says - 'Believe in Me'

Mrs Jo Sparkes

The Frou Frou Bird

Down on the coast beside the sea, in Norfolk land there lives for free, a creature of great stature see, the pride of the animal bourgeoisie. The creatures' tall and five-foot-wide It has a mouth! But, no teeth inside! Upon the water, it makes a mark as in the darkness it does park. It floats with decorum, belly up; And on its tum there rests a cup, filled with milk and hot clementine And on the side, a buttered bean! The frou-frou bird, a strange nomenclature for one so large. But such an adventurer! It opens a flap within its derriere; and spreads a sail to catch some air And with a jovial wave of its liquorice crutch shouts goodbye; thanks very much. It turns and paddles slowly, out to sea. To hunt for snark puffs for its tea!

Mike Hamill

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Brainteaser 5 of 5

Turn me on my side and I am everything. Cut me in half and I am nothing. What am I?

Answer inside back cover



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07561 813243

www.DerehamWaW.org.uk/



The short (under 4 miles) walks programme continues on 7 April, 5 May and 2 June. These walks are always on the first Friday of the month and start at 10:15 unless otherwise advised: the starting point may vary (though will always be near Dereham town centre), so please check on arrangements. Other than that, you don't need to book - just turn up at the right time in the right place. Please note that short walks do not have programmed refreshment stops, but there are usually a number of short halts for people to collect and catch breath, so if you want to bring something to eat and/or drink, there will be opportunity to consume it. The walk will be led at a reasonable pace - we do not rush, but we do need to make progress for the group as a whole; if you have any questions about our speed, please raise them with us. If you're looking for a shorter walk, we are trialling some very short walks, using only good, even, surfaces and no more than about 2 miles in all. If this appeals to you, please contact **Sue** Rothwell at sue.rothwell@outlook.com. One walk has been held and went well: we are working on arranging more, either monthly or bimonthly. On the other hand, if you're looking for a longer walk, the next one planned will be on 22 April, as a precursor to our Annual Public Meeting, where you are invited to hear what we have been doing over the last year and to help shape our plans for the future. We look forward to seeing you over the next few weeks. You should come with decent footwear (especially when it's been wet) and suitable clothing. All walks will go ahead unless the weather is really bad. Ken Hawkins ken-hawkins@tiscali.co.uk



Welborne Village Hall

Last Friday Film Nights

March 31st

"Doubt"

Director - John Patrick Shanley. Drama/Mystery)

April 28th

"The Banshees of Inisherin"

Director - Martin McDonagh (Comedy/drama)

May 26th

"Juniper (2021)

Director - Matthew J. Saville (Drama/Comedy)

June 30th

"Living"

Director - Oilver Hermanus (Drama)

Time - 19.30; doors open 19.00

Tickets £4 booked on-line at www.welborne.org.uk or £4.50 on the door. Licenced bar



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Would you like to help your communities?

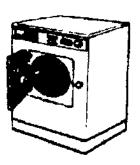
Mattishall Community Car scheme are looking for drivers.

It's a volunteer service so you can do as much or as little as you like, as drives are requested I would contact you to see if you are available to help with that drive. We help people who live in the village to get to their medical appointments.

If this sounds like something you are able to support please call Wendy Flew on 01362 858445

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Dishwashers



Contact Kevin on 01362 850788 or Mobile 07769902392

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USEFUL LOCAL PHONE NUMBERS

Mattishall's:

| All Saints Church Office | 01362 858873 |
|-----------------------------------|--------------|
| Community Car Scheme (Wendy Flew) | 01362 858445 |
| Parish Council Clerk (Anita Rose) | 07831 422700 |
| Pharmacy | 01362 858540 |
| Post Office | 01362 850232 |
| Primary School | 01362 858451 |
| Surgery | 01362 850227 |

| District Councillors | | | |
|---------------------------------------|--------------|--|--|
| Paul Claussen | 01603 880454 | | |
| Paul Plummer | 07717 690938 | | |
| Norfolk & Norwich University Hospital | 01603 286286 | | |
| Norfolk Swift Response | 0344 8008020 | | |
| Breckland Council Offices | 01362 656870 | | |
| Dereham Library | 01362 693184 | | |
| Dereham Police Public Enquiry Office | 01953 424242 | | |
| Konectbus (No 4) | 03300 539358 | | |
| Age UK | 0800 6781602 | | |

Answers to Brainteasers

- The woman was a photographer. She shot a picture of her husband, developed it and hung it up to dry.
- Pencil lead
- The river was frozen
- Love
- The number 8

Norfolk County Council

Mobile Library Timetable—Mattishall

Wednesdays—normally every 28 days

| Location | Arrival Time | Departure Time |
|-------------------|-----------------|-------------------|
| Orchard Road | 11:15 | 11:30 |
| Daffodil Way | 11:35 | 11:55 |
| Willow Close | 12:00 | 12:15 |
| Lime Tree Close | 12:20 | 12:35 |
| Thynnes Lane | 12:40 | 12:55 |
| Hunter Avenue | 14:25 | 14:40 |
| Smithson Drive | 14:45 | 15:00 |
| Cedar Close No 3 | 15:05 | 15:12 |
| Cedar Close No 18 | 15:12 | 15:20 |
| Parkers Road | 15:25 | 15:45 |
| Burgh Lane | 15:50 | 16:05 |
| All Saints Walk | 16:10 | 16:25 |

Next dates:

19 April 2023

17 May 2023

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquiries about this route please call 01603 222303

Spring Quiz

Answers from the last issue

(1) 350 ad (2) Pope Julius I (3) 2010 (4) 1st UK Christmas no 1 (5) 16 (6) Father Christmas lives there (7) St Nicholas (8) 31 hrs (different time zones) (9) Mince pies)10) 6

With a chance to win the next voucher, email your answers to miscadvert@yahoo.com by 30th April

- 1. What is a 7 sided shape called?
- 2. Which year was the NHS formed?
- 3. How many moons does Mars have?
- 4. How many dominoes are there in a set?
- 5. How many different moves can white play on their first turn in chess?
- 6. SP is the postcode of which city?
- 7. Graham McPherson is the lead singer of which band?
- 8. Who was King between 1509-1547?
- 9. Felix is associated with which animal?
- 10. Which is the last area on the shipping forecast?

Miscellanea Production Schedule

| to be ready for w/c | Adverts and payment submitted by | Reports & articles submitted by: | Printed and ready for delivery |
|------------------------|----------------------------------|--|--------------------------------|
| June 2023 | Fri, 2nd June | Wed, 7th June | Fri, 23rd June |
| Sept 2023 | Fri, 8th Sept | Wed, 13th Sept | Fri, 29th Sept |
| Dec 2023 | Fri, 10th Nov | Wed, 15th Nov | Fri, 1st Dec |
| March 2024 | Fri, 1st Mar | Wed, 6th Mar | Fri, 22nd Mar |

Our advertising rates per issue are:

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|-----------|-----------------|---------|
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| 1/4 page | £35 | £52.50 |
| 1/2 page | £65 | £97.50 |
| Full page | £125 | £187.50 |

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Follow us on







Mattishall Golf club is filled with lots of golfing options for players of all abilities and ages. You do not need to be a member to visit and play our course or make use of our facilities.

- We have a modern clubhouse with terrace which overlooks our 9-hole course, with 18 tees that challenges experienced players, but is also a great course for those new to the game. We have one of the longest par 5 holes in the county. The course is available for members and non-members.
- A six bay covered driving range for you to practice, learn and improve on is available for members and non-members.
- Our Golf Academy offers the latest Trackman Simulators and a 9-hole Indoor Crazy Mini Golf course, both of which can be played come rain or shine. Alongside the Academy building runs our function room which is available to hire privately. We also offer activities such as pool, table tennis and a bouncy castle.
- We have two PGA Professional Golfers on site to help with all your golfing needs, tuition or to purchase golf equipment from our Pro Shop, located in the Academy.
- Mattishall Golf Club is the perfect place for individuals, friends, families, birthday parties, stag and hen parties, corporate events or just a fun afternoon or evening out. We know golf is a social game so we've made the Academy the place to socialise with its own licensed bar and on-site catering serving hot and cold drinks, burgers, pizzas and loaded fries. Please pop into see us for a drink on our terrace, to make a booking or to make an enquiry, we will be happy to show you around.
- The perfect venue for a birthday party with indoor facilities which are not weather dependant.







