FREE!

Miscellanea

The Quarterly Mattishall People's Magazine Winter 2025 Issue 105

Distributed FREE to every household in Mattishall and Welborne!!

MATTISHALL COMMUNITY

CHRISTMAS SUPPER

ALL SAINTS CHURCH

Friday 12 December

Doors open 6.00 pm

Entertainment from 7.00 pm

CHEESE AND WINE

CRAFT STALLS

QUIZ - CONCERT

FREE EVENT

for the Community



WELLBEING HUB. MATTISHALL.

Win 6 Months Free at NR Foundation's Wellbeing Hub!
See page 18

Park Physiotherapy

Experienced team of Chartered Physiotherapists,
Registered with the Health Care Professions Council

We can help with:
Headaches, dizziness, Neck and arm pain,
Spinal pain, Pelvic Girdle pain, Sports injuries,
Male & female continence problems.

We are open and following guidelines to keep you Covid safe.

Clinic at Leys Farm,
Hockering NR20 3JE

01603 881184

Early & late appointments available

www.parkphysiotherapy.co.uk

AQUANIQUE

Aquanique Plumbing:

- Emergency Call-outs
- Full Bathroom Installations (Planning and Suppling Available)
- All Domestic Plumbing Big or Small
- Tiling: Wall, Floor and Mosaics
- Bespoke Copper Accessories

Matthew Reardon
Mob: 07432 853481
Tel: 01603 872698
E: info@aquaniqueplumbing.co.uk
W: www.aquaniqueplumbing.co.uk

AMH Plumbing

Specialising in small jobs

- leaks, overflows & burst pipes
- taps repaired & replaced
- outside taps
- toilets repaired
- ball valves
- washing machines & dishwashers plumbed in
- showers fitted & repaired
- bathrooms fitted & tiled

Call Adrian on 01362 694286/07951 114440
enquiries@amhplumbing.co.uk
www.amhplumbing.co.uk

DRIVEWAY & PATIO CLEANING

ALL TYPES OF PAVING, PATIOS AND PATHS PROFESSIONALLY CLEANED AT AFFORDABLE PRICES

WE ALSO CLEAN WINDOWS, GUTTERS, FASCIAS AND CONSERVATORY ROOFS

Call for a free ***No Obligation*** quote

01603 868014 / 07717 185767

Nye Cleaning services Ltd
www.nyecleaning.co.uk

The Norfolk Sweep

Friendly, Professional Service • Fully Insured
All Types of Chimney / Flues Swept

Anthony Walden
Tel: 01362 680189 www.thenorfolksweep.co.uk

Miscellanea

Editorial Team

e: miscadvert@yahoo.com

Editor & Advertising
Anne Jackson
(01362) 858744
07515417225

Nicky Grandy
07557 403212

Distribution
Lizzie Loades
(01362) 850491

Contributors

Sally Barrett
B O Bear
Eileen Brown
Mandy Burnett
Tina Cooper
Anna English
Claire Findlay
Ann Futter
Paula Gilluley
Gerry Goldner
Nicky Grandy
Mike Hamill
Ken Hawkins
Steven Middleton
Roisin Murray
Wallace Murray
Toby Nickerson
John Norton
Sue Pendlebury
Sim Saunders
Ray Taylor

Front cover photos taken by Kevin Bingham at the Classic Car Meet held at the Acorn Hut in August

Miscellanea (current and past copies) is available on-line, www.mattishall-village.co.uk

© Miscellanea
(original items not otherwise indicated)

Any views expressed in *Miscellanea* are not necessarily those of the publishers or the editorial team. Whilst every effort is made to ensure accuracy, we cannot accept responsibility for errors or omissions. We cannot guarantee the goods or services offered by advertisers.

Printed by Gowise Print, Norwich

From the Editor



Anne Jackson

I love Autumn, it is probably my favourite season especially with the wonderful colours we see around us in nature. Unfortunately, the leaves are disappearing quickly with the storms and winds we have been experiencing recently. I can't remember there ever being so many storms reeking havoc across the country but I suppose that is something we will have to get used to with environmental change.

On a more positive note, Mattishall welcomes NR Foundation's Wellbeing Hub to South Green and to attract new members, they are offering a competition for 6 months free membership. In addition, everyone who takes part in the competition will receive a free 7 day pass – so turn to p18 and find out more.

This issue contains two articles asking for your help. Below, the Bowls club are trying to contact all ex members for an anniversary celebration so please help if you can. Then we have the Police asking for your ideas and thoughts on "what matters most to you in your community", you chance to have a say! See p21.

Lots of Christmas events and activities to look forward to, hope you enjoy them. We, at Miscellanea, wish you a very Merry Christmas and best wishes for 2026.

Anne



Mattishall Bowls 50th Year Anniversary Information and some help please!

The Mattishall Bowls club has been active since 1976 and has provided many years of pleasure and an enjoyable game for all ages.

The club is going to celebrate its 50th anniversary with an event on Saturday 20th June. We will be providing a mixture of games, prizes and refreshments.

This will be a chance for everyone who has ever been a member to get together with past and present members to remember those days and the enjoyment of playing.

The club is looking for help from current readers of Miscellanea. If you know of anyone who played bowls with us, please let them know about the event. We need to contact all our past members so they don't miss this special celebration. Please check everybody in your contact lists, spread the word as soon as possible and give them my details.

Thanks for reading. And, If you have questions.

Please contact **Gerry on 07908 205023/ 01362 289038**

SOUNDS OF THE SEVENTIES.

My mate and I play a few tunes together. We did this one in a pub in Devon a few weeks ago. It was written by the marvellous Victoria Wood and typifies the 70s. See how many references you can find to that decade. It may give you some ideas if you're stuck for something to do on Christmas Eve!

Freda and Barry sat one night. The sky was clear up the moon was bright. She licked her lips she felt sublime. She switched off Gardeners Question Time. Barry cringed in fear and dread as Freda grabbed his tie and said….

Let's do it, do it while the mood is right. I'm feeling appealing I've really got an appetite. I'm on fire with desire. I could handle half the tenors in a male voice choir. Let's do it tonight. But he said…

I can't do it, I don't believe in too much sex. This fashion for passion turns us into nervous wrecks. No derision my decision. I'd rather watch the Spinners on the television. I can't do it tonight. But she said…

Let's do it, do it 'til our hearts go boom. Go native and creative, loving in the living room. This folly is jolly, bend me over backwards on the Hostess Trolley. Let's do it tonight. But he said…

I can't do it. My heavy breathing days have gone. I'm older, feel colder, it's other things that turn me on. I'm imploring, I'm so boring. Let me read this catalogue on Vynyl flooring. I can't do it tonight. But she said..

Let's do it, have a crazy night of love. I'll strip bare, I'll just wear, stilettos and an oven glove. Don't starve a girl of a palaver. Dangle from the wardrobe in your balaclava. Let's do it tonight. But he said…

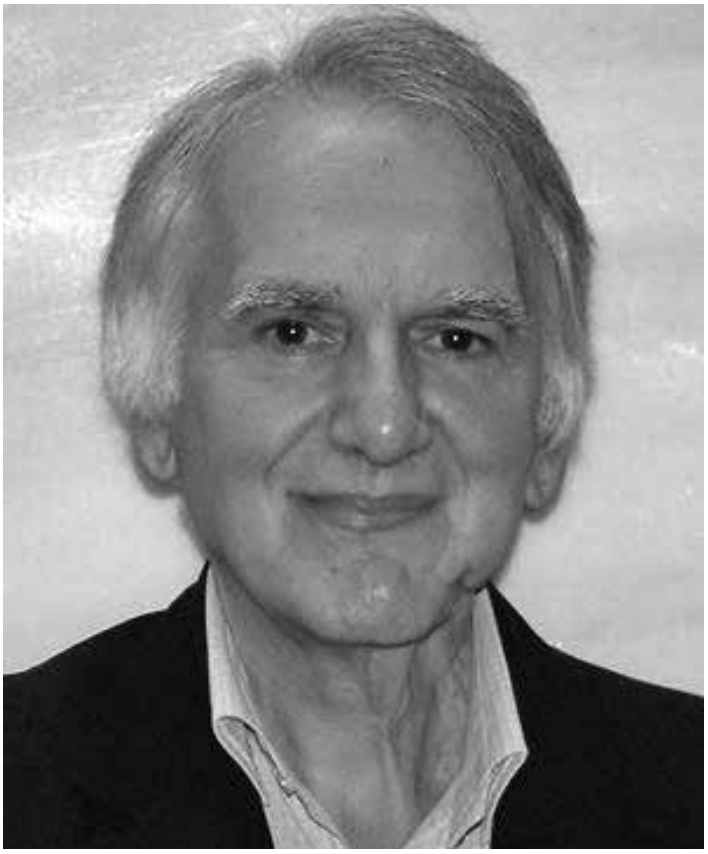
I can't do it, I know I'd only get it wrong. Don't angle for me to dangle me arms have never been that strong. Stop pouting, stop shouting, you know I pulled a muscle when I did that grouting. I can't do it tonight. But she said…

Let's do it share a night of wild romance. Frenetic, poetic this could be your last big chance. To quote Milton to eat Stilton, to roll in gay abandon on the Tufted Wilton. Let's do it tonight. But he said…

I can't do it I've other little jobs in hand. Don't grouse about the house I've got a busy evening planned. Stop nagging, I'm flagging. You know as well as I do the pipes need lagging. I can't it tonight. But she said..,

Let's do it while I'm really in the mood. Three cheers its years since I caught you even semi nude. Be drastic, gymnastic, wear your baggy Y-fronts with the loose elastic. Let's do it tonight. But he said…

I can't do it I must refuse to get undressed. I feel silly, it's too chilly to go without my thermal vest. Don't choose me, don't use me, my mother sent a note to say you must excuse me. I can't' do it tonight. But she said…



John Norton

Let's do it, I feel I absolutely must. I won't exempt you, want to tempt you, want to drive you mad with lust. No cautions just contortions, smear an avocado on me lower portions. Let's do it tonight. But he said…

I can't do it, it's really not my cup of tea. I'm harassed, embarrassed, I wish you hadn't picked on me. No dramas give me my pyjamas, the only girl I care about is Judith Chalmers. I can't do it tonight. But she said..

Let's do it I really want to run amok. Lets wiggle and jiggle, really make the rafters rock. Be mighty, be flighty, come and melt me buttons on me flameproof nightie. Let's do it tonight

Let's do it I really want to rant and rave. Let's go, cos I know, just how I want you to behave. Not bleakly, not meekly, beat me on the bottom with the Woman's Weekly. Let's do it, Let's do it tonight!

TUFTED INTERIORS
BY MARCUS SIBLEY CARPETS
TRANSFORM YOUR SPACE WITH QUALITY YOU CAN TRUST
• Large range of carpets, LVT, vinyl and safety flooring
• Free measuring and quotations
• Uplift and disposal of old flooring
• We can move your furniture • Qualified fitters
• Unable to come to us? We will come to you.
ACCREDITED SUPPLIER AND INSTALLER FOR AMTICO
37 Norwich Street, Dereham
01362 695632
www.tuftedinteriors.co.uk
Scan me!

Firewood Logs

Seasoned and ready to burn.
Mixed hardwood in trailer loads. Can be delivered at times to suit you or collected by appointment. All locally grown in our own sustainable, well managed woodlands.

Anthony Meynell
Berry Hall Woodlands, Honingham.
Tel: 01603 880541

S & C Window Repairs

Repairs to double glazed windows, doors and conservatories
Local independent business
Free estimates, No call out charge

Steamed up windows, broken handles, hinges, replacement gasket, plus cat flaps, door panels and more

01603 520136 or 0800 1601932

sandcwindows@gmail.com www.sandcwindows.co.uk

SUNNYSIDE FURNITURE & PROPERTY SERVICES

ALL HOME IMPROVEMENTS







Extensions, Loft Conversions, Oak Framed Outbuildings and Full Property Restoration

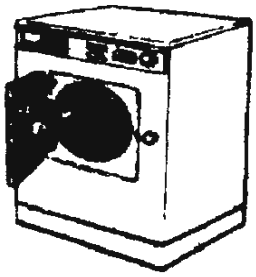
Complete supply and fit Kitchen and Bathroom Service

Over 35 years experience

Based in Mattishall
Mobile: 07799024900 or Tel: 01362850579
Email: kevin@sunnysidefurniture.com
Website: kevinkeeler.wixsite.com/sunnyside-furniture

Norton Domestic Repairs

Repairs to:
Washing machines
Tumble Dryers
Cookers &
Dishwashers



Contact **Kevin** on **01362 850788**
or **Mobile 07769902392**
Friendly service at affordable prices

Phil's Gardening Services

I am a friendly reliable chap based in Mattishall

I can offer grasscutting,
hedgecutting,
strimming,
weeding,
shed/fence painting
07920104265

J.S.G

Landscapes, Gardens &
Property Maintenance
Paving, Fencing, Drive ways
& Digger Hire

Call 07469570301
or 07984226927

DESERT ISLAND DISCS



Hello, I'm **Sally Barrett,** and my husband Paul and I moved into our brand new home in Mattishall on our wedding day in November 1977. We thought we'd like living here so we decided to stay.

After attending primary school in Hellesdon and the Blyth School, followed by college, I had a varied career. Firstly, training as a nurse at Little Plumstead Hospital (now closed) and then after a humdrum few years and raising our sons I worked for about ten years as a Special Needs Classroom Assistant. My final job was leading music groups for a Norwich-based charity, Musical Keys, providing music and sensory group sessions for children with special needs, which brought together my professional training and my hobby of music. By then I'd played concertina in a ceilidh band for twenty years, along with regularly going to folk clubs and playing with other groups of people. I am lead musician for Fiddlesticks, a women's Morris dancing side and in 2012 I started a group of squeezebox players, SqueezEast Concertinas, who go from strength to strength, now 16 in number. You may have seen us at local events.

When Anne approached me for this article I had no idea just how difficult it would be to make my selection. I picked some pieces that mark particular points in my life, before moving on to tracks by some of my favourite folk performers, all with some special meaning.

1. Bambino by **The Springfields.** Aged 8, I loved it and learnt to play it on my recorder. It has a long, not particularly helpful story that shaped my future with music.

2. If You Gotta Go, Go Now by **Manfred Mann.** 1966. My teenage heartthrob was the lead singer, Paul Jones. I could have picked any of their songs but at the time this one seemed so naughty. 'If you gotta go, go now or else you'll have to stay all night'!

3. Hey Jude by **The Beatles.** Although not a Beatles fan, this one stands out as 'the one' played at my cousin's wedding back in the late sixties. I had the most horrible cold but enjoyed it anyway!

4. Albatross by **Fleetwood Mac.** Hearing this one takes me back to a Norwich Judo Club camping holiday near Cromer in 1969. That pulsating rhythm, even played on a little 'tranny', a transistor radio, was really something to a mixed group of mostly 16-17 year-olds! Looking out to sea from the cliffs we could even imagine the solitary gull as an albatross!

On to favourites from more recent years…

5. If I were a blackbird. We have this on at least two CDs in our collection, Fit For Reclining, by Bill Whaley and Dave Fletcher; and Nobody Here But Us, by the trio, Hen Party. A song of longing, I've sung it at local folk clubs. Here's the chorus, 'If I were a blackbird, I'd whistle and sing, I'd follow



the vessel my true love sails in, and on the top rigging, there I'd build my nest and I'd lay my head down on his lily-white chest.'

6. Constant Lovers sung by **Dave Webber** and **Anni Fentiman** on their CD of the same title. It's a sad tale of a young man lost to the sea and his lover flings herself into the water to join him. On hearing the phrase 'rolling over and over in each other's arms'…. it evokes such powerful underwater imagery.

7. Row On by **Tim Laycock.** Tim is a well-known professional performer in the folk world, having discovered the genre for himself while a student at the UEA., when he used to do 'spots' at Norwich Folk Club. He returned to his native Dorset, adding theatre and creativity to his talents, and has produced several brilliant 'folky' shows. Row On is from one of his shows, a song of such hope which can be applied to any situation where all seems hopeless.

The chorus - 'Row on, row on, another day will shine with brighter light.

Ply, ply the oars and pull away, there's dawn beyond the night.'

8. Gabriel's Oboe by **Ennio Morricone.** From the film, The Mission. Such an evocative piece of music, it's worthwhile looking up the story behind it. Paul has created a beautiful arrangement of it especially for a concertina band.

9. When All Men Sing. We have this on a CD of the same title, by **Derek Gifford.** A song that takes you through the seasons, working on the land, living a hard life while also appreciating all things good. I have sung it at folk clubs and again it's the chorus, bringing everyone together, not only in song but in the whole of life.

'Let every man so pitch his song to help his neighbour sing along.

To each and all, contentment bring when all men sing.'

10. My final choice is reserved for a very special performer, sadly no longer with us. **Sarah Morgan** led harmony workshops at folk festivals etc., led community choirs and sang with harmony groups. I attended her workshops several times and her last group Craig, Morgan, Robson came to Norwich four or five times to give, and I do mean GIVE performances to raise funds for Musical Keys. I didn't know at the time but she had horses and used to help disabled children ride. This song, **'Keep You in Peace'** is written by Sarah, inspired by a well-known Celtic blessing.

On the CD Nobody Here But Us, by Hen Party, Sarah sings this solo, and the final phrase 'Keep you in peace 'til we meet again' says it all.

Reflecting on Mattishall's Past with Ray Taylor

A BEAUTIFUL REMNANT OF A SIMPLER TIME

Today as you approach Mattishall from the East, All Saints church tower fills the skyline but if we go back 100 – 250 years, the tower of All Saints did not have the monopoly as it shared the sky with the sails of windmills. Quite a few records of windmills have survived over those years showing how scattered they were around our countryside. Many were working for only a very short time as they suffered badly in heavy storms. Wooden Smock and Post Mills were then replaced with the more substantial brick 5-6 floored Tower Mills with four or more sails that we are familiar with today.



Travellers heading to Mattishall from the East would, on their approach to the village, be greeted with a Smock Mill at the spot that is now named 'Orwell House' on Norwich Road. Over on Mattishall Heath on the Garvestone Road was a Post Mill. Another was opposite Back Lane behind the large house called Maddingly (previously the Cedars). This mill appears on the late 1700 Faden map, but it was not there in a map printed in 1826. The remains of two Tower Mills still exist in Mattishall today, one having been converted into a picturesque holiday home which stands behind 'Ivy Dene' on Mill Road. It had five floors and would have been an impressive landmark in its time when in full sail. Sadly, it was blown down in a storm in 1893. Some of the parts were bought to repair the other Tower Mill (see pictures) which remains behind 'Mill House', on Mill Street heading toward South Green. This was the last of Mattishall's windmills of which we are fortunate to have pictures that show its splendour. Below is a brief glimpse of its history.

An old Smock Mill is recorded on Bryant's map of 1826 as being on Town Lane which was later renamed Mill Street. In 1857 the present Mill House had only just been built when it and the Smock Mill and 8 acres of rich land is put up for sale at the Mattishall Swan public house in August of 1857. It failed to sell. However, it was purchased later in the year by private treaty by Edward Sendall but by 1861 the mill was no longer working. The old Smock Mill was replaced with a six-floor Tower Mill that was fully working by October 1862 with Thomas Sendall the tenant to Edward.

Brainteasers Issue 105

Brainteaser 1 of 5

If 600 hens lay on average 600 eggs in eight days, how many eggs do 200 hens lay on average in 2 days?

Answer inside back cover



In 1876 the mill was up for sale again. It was advertised several times but failed to sell. A few people tried working it including Edward Sparkes the then owner of the Mattishall Maltings and the Crown and Anchor public house (now Anchor House) on Church Plain, followed by two others. Then in 1893, William Lant Duffield, who had been employed at the Mulbarton Common Smock Mill became tenant on a four-year lease. The mill had been out of use for about two years, but after repairs to the sails and the replacing of one millstone, he got it working again. He said the mill was a fine one having six floors and plenty of sail - 30 ft. by 9 ft. each, driving two pairs of stones. He sold all English flour in 5 stone lots at 1s. per stone. In 1895 he was buying barley for grinding at 10s. per quarter and selling the meal at 6d. per stone. In 1896 he returned to Tasburgh watermill, where he had been apprenticed and in 1906 hired Saxlingham Thorpe watermill, founding the present firm which we know today as W L Duffield & Son, Ltd.

Following Duffield a few tenants tried working it, but it was already derelict in 1916 when the sails were blown off. By 1937 the tower had been cut down and roofed.

For more information, please visit www.mattishall-village.co.uk then click 'Windmills' in the menu.

Ray Taylor

MATTISHALL COMMUNITY HUB

Promoting social contact & community projects

Mattishall Community Hub is your local, independent, community project supported by Breckland Council and the National Lottery Community Fund. Sessions are held on the first Tuesday of every month at Mattishall Memorial Hall, South Green from 2-4pm. Local residents can get together for a relaxing couple of hours of chat in a friendly environment. Refreshments are free and there are no fees. If you haven't been before, please come along and see what we are all about. A warm welcome awaits!

MCH celebrated its 3rd year anniversary at its October session. On special occasions, we often raise money for good causes, and in October we focused on The Dereham Meeting Point. The Meeting Point was established as a place for the disabled and over 55's to meet and socialise. It provides home-cooked lunches (£8) and refreshments daily and offers an array of activities and entertainment plus regular outings and events. A presentation by a member of staff showed the importance of the work it does and the funds that are sorely needed to keep it going. Thanks to Hub members' generosity, we raised £116 from a raffle, guess the number of sweets game and a TV music quiz. And as is traditional at these types of events, there were plenty of delicious home-made cakes too.





Thanks Helen

As well as its 3rd year anniversary, the October session was Helen Brook's last as MCH Co-ordinator. Helen did a brilliant job in getting MCH up and running and steering it through its first three years. We were all sorry to see her step down but wish her well with other projects she'd put on hold.

Looking forward, our December session will have a Christmassy theme. There'll be a craft session where you can make your own Christmas decorations with natural materials and there'll be storytelling, quizzes and of course mince pies and other festive treats too. And last, but not least, the Little Library is proving very popular. If you haven't already done so, please check it out next time you're passing.

Nicky & the MCH Team
Note new email address: matcomhub@gmail.com

JOE SISTO

TV, Video, DVD and Satellite Sales, Set-up & Repairs

- Free Estimates
- 30 Years Experience
- All Makes & Models
- Work Guaranteed
- Qualified Engineer
- Discount for OAP's
- Sales, Repairs, Installations & Tuning Services

Telephone: 01760 722168
Mobile: 07785 746682
email: joesisto@aol.com
White Cottage, School Road, Necton (opp. Rectory)

MATTISHALL COMMUNITY HUB
Promoting social contact & community projects

FIRST TUESDAY OF EVERY MONTH, 2-4pm

Join us for a cuppa and a chat with other local residents in a warm and friendly environment.

MATTISHALL MEMORIAL HALL
South Green, Mattishall, NR20 3JY

Free entry & refreshments
Fun table quizzes, Give & Take Table
Speakers, Performers, Fund-raisers, Raffles etc.

matcomhub@gmail.com

Open Spaces at Kingfishers: An Update

The wildflower meadow has finally bloomed after some welcome rain – let's hope the milder weather holds and we can enjoy the lovely flowers for a bit longer. Wildflower meadow photo with caption here

Meanwhile, the fenced area with fruit trees next to the Allotments (The Orchard) has produced some wildflowers – but it needs encouragement. By the time you read this we should have cut back the grass and raked it off, then sowed Yellow Rattle to predate the grass, causing it to gradually die back, allowing the flowers to flourish. The seeds must be planted at the beginning of winter as they need some weeks of cold to germinate come the Spring. Along with their yellow flowers we should see some more variety in the blooms here as we will also be sowing more wildflower seeds. Orchard photo here with caption

Back on the meadow, the fruit trees will be moved to their "forever" home in the wildflower area – apart from the few we leave in place on the other side of the path. This area will also be sown with wildflower seeds and yellow rattle in order to create a wider meadow with the pathway in between.

As well as cutting, sowing and moving trees, all the fruit trees will get a treatment of winter wash and a wax barrier to stop the bugs laying eggs that turn into fruit nibblers – hopefully ensuring a good crop next year.



Wildflowers meadow

There are work parties to do all this and we always need more help, so do look out for announcements in Facebook and on the Kingfishers notice board – otherwise, join the WhatsApp group or the e-mail group dedicated to the Green Team (as we call you lovely volunteers). To join, just e-mail your phone number to roisintmurray@outlook.com it will

ONLY be used for Green Team announcements. Our current volunteers say they have fun and love the satisfaction of being part of making this area a real community asset, so do join us when you can.



Orchard area

Things at the allotments are still thriving, with many allotmenteers getting a good crop despite the weather. If you fancy trying your hand and would like to get ahead of the game by over-wintering a plot with mulch or compost before planting up in the Spring, do get in touch as we have plots available and ready for next year.

The Community plots are doing well, having been given many donations of plants and seeds – so a big thank you to all who contributed. We gave away quite a bit of produce and thanks to those who donated money to us in return.

The most exciting news is receiving a donation to cover the erection of tall raised beds, allowing those with limited mobility to join in the gardening. Other initiatives will be announced before the growing season starts, so watch out for those. Don't forget, it will only thrive if members of the community come along and join in.

Roisin Murray



A LANSDALE

CHIMNEY SPECIALIST

Brian Lansdale

BUILDER

9 Cherry Tree Close

MATTISHALL

Dereham

MOB: 07799355146 Home: 01362 288068

brianlansdale@gmail.com

lansdalechimneybuildersandrepairs.co.uk

Littleproud & Son

Independent Family Funeral Directors

SERVING THE MID-NORFOLK DISTRICTS

- Personally supervised by the Littleproud family & dedicated staff for 80 years
- Pre-Paid Funeral Plans
- Traditional service at a reasonable cost

Tel: 01362 695458 (24hrs)
South Green, Dereham, NR19 1PU

Tel: 01760 440269 (24hrs)
Hale Road, Bradenham, IP25 7RA

Our family taking care of your family

1936-2016 80

www.littleproud-funerals.co.uk

Norfolk
WINDOWS & CONSERVATORIES

ESTABLISHED 1989
30 YEARS TRADING

Our expert knowledge of the industry allows us to provide sound advice and recommendations, which we feel are the most suitable for your home.

We are proud, founder members of FENSA and all our products come with a 10 year insurance backed guarantee.

FENSA Registered Company


CONSERVATORIES & ORANGERIES


WARM ROOFS


GARDEN ROOMS & LEISURE BUILDINGS


GRP COMPOSITE DOORS
Full range of colours & designs


PVCu & ALUMINIUM WINDOWS


TRADITIONAL SLIDING SASH


ALUMINIUM BI FOLDING DOORS

FOR A FREE NO OBLIGATION QUOTE PLEASE CONTACT CARL

T: 01603 456667
email: enquiries@norfolkwindows.co.uk
www.norfolkwindows.co.uk

CARPET & UPHOLSTERY CLEANING

CLEANRIGHT
Local Family Business - Established 1992

Carpets & Rugs

Curtains, Pelmets & Blinds

Upholstery - Mattresses

free sample cleans

free quote

01362 850100

Email: peter@cleanrightgroup.co.uk
www.cleanrightgroup.co.uk

Fully Insured - Available 24 hours a day 7 days a week!

ANDY SHEPHERD
KITCHEN DESIGNER LTD
Since 1984

Where good is NOT enough

Design - Supply - Fit

kitchens • sinks / taps • replacement doors
soft-close drawers • hobs • units - any size
bedrooms • laminate worktops • ovens
soft-close hinges • utility rooms • extractors
boiling hot-taps • dishwashers
integrated appliances • quartz worktops and more

Luxury comes as standard -
Sensible Prices all the time

01362 858753

TRUSTMARK
Government Endorsed Quality

www.andyshepherdkitchens.co.uk
E: andy@andyshepherdkitchens.co.uk

THE GARDEN SEAT

Our 4 seater teak garden seat is about a hundred years old and began its life as a thank you to my parents from my godparents for storing what furniture they could salvage from their bombed-out house in East London during the Blitz.

It featured a lot in my childhood. As an only child until the age of 8, it became the school room for all my teddies and dolls when I played schools and a hospital ward when I played hospitals and other imaginary games. The seat accommodated many visiting friends and relatives, standing out in all weathers and being grateful now and again for a drink of teak oil.

It moved, with my widowed mother when she came to live in Mattishall in the 1980s and moved to our garden when she died. It has marked many a family celebration, so its image is in many photograph albums. It is still in remarkable condition, although its London maker's mark is very faded now and we store it under cover in the winter months. I hope it will move to another family garden in the fulness of time.

Do you have a piece of furniture with a story to tell?

Anna English

For Hire

Welborne Village Hall

Fully Equipped historic village hall, perfect for many small gatherings, meetings, parties, etc.

- Fully equipped kitchen.
- Digital projection facilities available.
- Open log fire for winter warmth.
- Level access and facilities for the disabled.
- BRAND NEW! Children's play area.
- Inexpensive hourly rental.
- Toilet and Baby Changing facilities.

To make a booking, please go to
www.welborne.org.uk

Now open for private bookings, up to 50 people.

Brainteasers Issue 105
Brainteaser 2 of 5

A cowboy rides into Dodge City on Friday. He stays for two nights, then rides out on Friday. How?

Answer inside back cover

Mattishall Walking Group



The walking group meet every week (alternate Tuesdays and Fridays) and the length of walk is determined by who turns up and weather conditions but generally it is about 4 miles. We meet at All Saints Church at 10.30am and are a friendly group that enjoys a chat while we walk. Each week our walk is advertised on Nextdoor but if you want further information, please email me Hazel Goodall on hazelnutmum@yahoo.co.uk.

Christmas Trees

for sale at

Berry Hall Woodlands
Berry Lane, Honingham, Norwich, NR9 5AX

Thursday, 27th Nov – Saturday, 21st Dec
From 9am to 4pm

Closed Mondays, Tuesdays and Wednesdays

Norway Spruce, Blue Spruce, Nordman Fir
3ft to 14ft
Choose or dig your own at weekends

Fresh and own grown

Also, wreaths, foliage, logs kindling and chestnut post & rail fencing

New: Find us on Social Media

BISHY BARNABEES DAY NURSERY

SOUTH GREEN PARK, MATTISHALL

We offer quality home from home care and education for children aged between 6 weeks to the end of Primary School

We run from a purpose built building with ample free parking and two large gardens

Full Ofsted Registered

Pre-School open 08:00 – 18:00
Government Funding available for 3 & 4 Year Olds

Various sessions and hours available to suit your family

For Further Details Please Contact:

Louise or Julie on
01362 850947
Or visit our website at
www.bishybarnabees.co.uk



"Thank you Rosedale, your support and guidance made this difficult time a little more bearable."

– from a family we have cared for at Rosedale

Rosedale
FUNERAL HOME

Wymondham **01953 601103**
www.rosedalefuneralhome.co.uk

We are a family business and promise to provide exceptional care and a truly personal 24 hour service, when you need it most.

PAUL WEST CARPETS

- Carpets, Vinyls, Natural Flooring
- Supply and fit, or fitting only
- Home selection service
- Refits, repairs and re-stretches
- Free planning, estimates and advice
- Over 25 years local experience

Tel: 01362 696154
Mobile: 07768 626 272

FREE Home Visits Available

The WillMaker GROUP

- Will Writing
- Trusts
- Powers of Attorney
- Probate
- Property Protection
- Insurance

Safe to do business with Code Compliant
Yell.com ★★★★★
fsb MEMBER

info@thewillmaker.co.uk

01362 288582

www.thewillmaker.co.uk
3b Wellington Road | Dereham | NR19 2BP

Protecting You and Your Loved Ones

KNOW WHERE THE DEFIBRILLATORS ARE

YOU NEVER KNOW WHEN YOU MIGHT NEED ONE.

Poultec x 2
(one in the Gym the other outside Café Verde)

Memorial Hall (playing field side of the hall)

Village Green (opposite the surgery)

Mattishall Primary School
(only available during school hours)

Mattishall Golf Club (outside the clubhouse)

Welborne Village Hall (beside the back door)

Bob Carter Court (outside front entrance)

The lady who used to be from the library

Well, I know what I want for Christmas this year and you can't find it underneath the tree, and that's inspiration and talent. So, in fact, two things because I have taken up a new hobby and I'm terrible at it. I have decided to paint and I don't mean with Dulux's finest or Farrow and Ball 'Giblet grey', I mean with watercolour.

I am a watcher of YouTube video tutorials and enjoy a good decluttering session as well as an insight into the carving of wooden spoons (the algorithm throws up all sorts including cow hoof care) but I have most recently become transfixed by watercolour painting. It looks meditative and calming; it looks charming and relaxing and I want that creative buzz.

But, it's painfully obvious that I'm lousy at it. My first foray into the fine arts was a blobby bird. It's supposed to be pretty easy and a good first step. My robin looked drunk and disorderly with mange. I tried a cat: a marmalade monster with a ragged tail was the result.

I'm usually pretty good at picking things up, I'm keen to learn and try hard, but this has me challenged altogether. I refer to the colour wheel and am pleased to see some order to the chaos that is colour mixing and I know six ways to make grey without using black, but my brushstrokes are clumsy and my hand uncoordinated.

But notwithstanding my apparent ineptitude, I am determined to see this out. I've bought a reasonably priced sketchbook and have begun labouring over leaves and pressing out pumpkins. One in nine of my attempts might pass muster



Tina Cooper

and so I proceed. I'm hoping that, at this rate, I'll have a Christmas tree with enough realism to support a family of tiny robins who look like birds and not fungi. I send only a few Christmas cards these days and mostly to family and old friends. I'll put my new found hobby to work and see how many remain friends after New Year.

It'll certainly be a change from my usual "Round Robin".

Blobby bird anyone?

Tina Cooper

Roots
By Kim
Unisex Hair Salon
01362 850380
5 Mill Street, Mattishall, NR20 3QG

*WINDOW CLEANER

WE USE THE REACH AND WASH METHOD; ONE OF THE BEST ON THE MARKET-TRADITIONAL AVAILABLE TOO

WE ALSO CLEAN, CARPETS, GUTTERS AND FASCIAS
CONSERVATORY ROOFS

VERY HIGH STANDARDS AND GREAT SERVICE

S J NYE

MEMBERS OF THE WINDOW CLEANING FEDERATION

CALL 01603 868014 / 07717185767

Luke Rackham

Satellite, Aerial, CCTV & Home Entertainment engineer

I provide high quality installations and maintenance for all below. I cover all of Norfolk and surrounding areas and have a friendly and professional approach to my customers.

Satellite
New installations
Fault finding
Sky to freesat revert
Dish to scaffold relocation
IRS communal systems

Home Entertainment
Wall mounting TV's
Hiding cables
Sky Q to Sky eye distribution
Speakers in walls/ceilings

Aerial
New installations
Fault finding
Additional TV points
Sky eye distribution
FM & DAB radio

CCTV
Commercial & Domestic installation
Personalised system design
IP
Analogue

07960177998
Mattishall, Dereham
luke_rackham@hotmail.co.uk

Brainteasers Issue 105

Brainteaser 3 of 5

Replace the letters with numerals to make the following correct. (each letter is a different numeral)

(S + T + U + C + K) x (S + T + U + C + K) x (S + T + U + C + K) = STUCK

Answer inside back cover

Need a Plumber?

CALL ME
COLIN KERIN
HOCKERING
• ANYTIME • FREE QUOTES •
• EMERGENCIES •
01603 881303
07766 795846

OSTEOPATHIC TREATMENT

GOcS Registered Osteopath
Diploma Animal Osteopathy

Practising at: Willow Farm, Dereham Road, Garvestone

Weekend and evening appointments available

Spinal Pain
Headaches
Ligament Sprains
Chronic Conditions
Sciatica
Muscle Strains
Sports Injuries
Problems relating to pregnancy

From babies through to the elderly treated
Horses, dogs and cats treated also

For more information, or to book an appointment contact:
Caroline DeWilde BSc (Hons) Ost
01362 - 858530





Sunday 7th December, 2 - 4pm

All Saints Church

Mattishall

Lots of Family Fun

Crafts, Games, Refreshments and more!

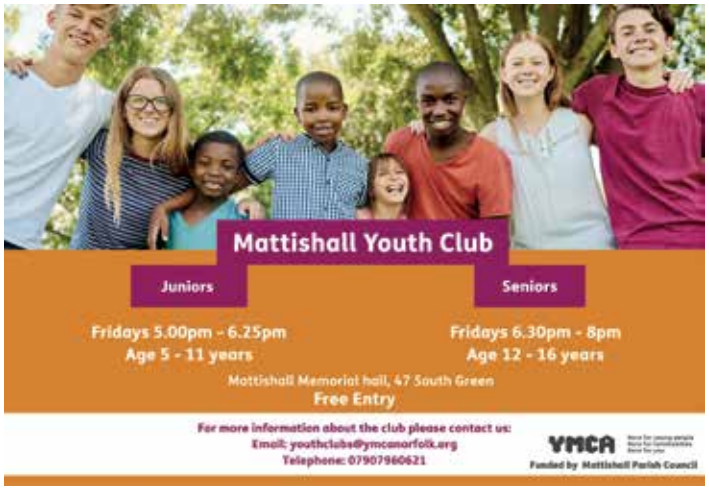
Free Entry

You will find Father Christmas in his grotto at the church between 2 - 3.45pm, followed by refreshments and Christmas songs at 4.00 pm

Switching on of **Christmas Lights at 5pm on Village Green**

Hosted by Mattishall Parish Council





Rockinghorse Daycare

Rockinghorse Daycare, in Mattishall, provides quality care for children between the ages of 3 months and 5 years. We also provide additional facilities for school-age children in the form of 'Stallions' our Breakfast, After- School and Holiday Club.
Open 8.00 a.m. – 6.00 p.m. Monday to Friday, 51 weeks of the year (excluding Bank Holidays.)
15 & 30 hours Early Years Free Entitlement available.
Tax free childcare and childcare vouchers accepted.



Contact
Debbie or Ruth on
01362 850409
rockinghorse.daycare@yahoo.co.uk

NDNA

Ofsted Good rating

Youth! Miscellanea

The Centre Section Dedicated To Young People in Our Area

1st Mattishall & District Scout Group

Scout HQ – On the grounds of the Mattishall Primary School

Through a fun youth activity programme we try to prepare young people with skills for life. We encourage our young people to do more, learn more and be more.

****** Scouting is for GIRLS and BOYS aged 6 – 14 ******

GROUP NEWS

Beavers started the term by tasting the vegetables they had planted in the summer term. This term they have been learning first aid skills and focusing on science, with colourful experiments and digital skills. They learnt about Trafalgar and decorated biscuits to look like fireworks. Beavers led the Group's Parade through the village for Remembrance Sunday.





Cubs have enjoyed a hands-on term so far. A team entered the District 'Dragon Slayer' challenge hike around Mattishall. They made edible scabs to show how burns and scolds can affect our bodies. Messy and tasty! Parents joined us for a relaxed night making airfix kits. The creative theme continued with Lego stop motion and this week we had a pottery painting session. We are looking forward to a sleep over and more creative nights as we head towards Christmas.





Scouts have been working on their Skills Challenge Award this term covering fitness and life skills. Three teams took part in the District 'Dragon Slayer' challenge hike, with one team securing top points and first place. They scored points for teamwork, navigation and pioneering skills. The prize was a 'Dragon Egg' as well as a trophy! Scouts camped at Beetley and enjoyed cooking a campfire dinner, local hike and axe throwing, whilst dodging autumnal showers.

Group News: Members from all our sections joined the Village's Remembrance Service after parading to the Green through the centre of Mattishall.



BEAVER SCOUTS - GIRLS AND BOYS AGED 6 - 8 **TUESDAYS 6.15 – 7.30PM** Contact Su McKinnell on 07514 032678

CUB SCOUTS - GIRLS AND BOYS AGED 8 - 10 **WEDNESDAYS 6.15 – 7.30PM** Contact Emma Day – email: eeyore41983@aol.com

SCOUTS - GIRLS AND BOYS AGED 10 - 14 **MONDAYS 7 – 9PM** Contact Ann Futter – ann.futter@live.co.uk

Mattishall Primary School

Our new Reception children have settled in really well. They have been exploring the school environment and making new friends.





On Monday 13th October Year 1 and 2 children visited Gressenhall Museum to take part in a 1950s day. When they arrived, they went back in time to the 1950s. They spent time with Dorren in her cottage finding out how she lived. They spent time sweeping and preparing some delicious 'Cheesy Dreams'. They also visited Maisie's house. Maisie was a bit more fortunate as she had a new twin tub washing machine, a telephone, television and a record player. Here the children observed Maisie's new things and polished the wooden objects. They also listened to some music and learnt some dance moves. The children also spent time looking at how toys changed during the 1950s, spent time doing some laundry (the old way) and then had a short time on the farm.





On Wednesday 15th October Year 3 children had a brilliant trip to Gressenhall, focussing on the Neolithic period of The Stone Age. They took part in a range of activities, learning about what life was like for people during the Neolithic period. They used various tools to see what farming was like and learnt about how people used animals for different purposes. They practised making their own shelters and had a go at knapping with a piece of flint. They finished the day, practising some hunting skills and using pretend spears.







NR Foundation's Wellbeing Hub in Mattishall

In the heart of the village of Mattishall sits a beacon of community spirit and health — the **NR Foundation Wellbeing Hub.** More than just a gym, this vibrant space is a home for wellness in every sense of the word. From the moment you step through the doors, you're welcomed like family, surrounded by an atmosphere of encouragement, support, and genuine care.

Whether you're a seasoned fitness enthusiast or taking your first step toward a healthier lifestyle, the Wellbeing Hub has something for everyone. The gym is equipped with everything you need to achieve your goals, while the multi-functional studio hosts an incredible variety of classes — from Chairfit and Yoga Flow to Spin, LBT, and more. For those looking for extra guidance, personalised sessions such as WellbeingYou (one-to-one personal training) and WellbeingTogether (small group training) provide tailored support to help each individual thrive.

You will find us at South Green Park, Mattishall, Dereham NR20 3JY

More Than a Gym — A Community Movement

What makes the NR Foundation Wellbeing Hub truly special is its deep connection with the wider NR Foundation — a community interested company dedicated to transforming lives through fitness, education, and community empowerment.

Built on the incredible work of Nathan Gostling and his amazing team, the Foundation & the Hub represents the next step in the inspiring journey of New Revolution (NR) Health and Fitness Clubs — founded by Nathan in 2017 with one small gym in Wymondham. What began as a mission to make fitness affordable and accessible has grown into a community movement, with seven thriving gyms across Norfolk and Suffolk, from Lowestoft to Watton.

The NR Foundation, which started in March 2025 by Director, Toby Nickerson, with the ambition of supporting our communities' wellbeing that extends far beyond physical fitness. It's about nurturing the mind, body, and community together.





Their mission is rooted in an inspiring purpose:

"To create lasting, positive change in the community by fostering holistic health and wellness for all, beyond just physical fitness."

Through its groundbreaking projects — NRBox, NRBoost, and NRClub — the Foundation supports people of all ages and backgrounds in our community.

NRBox empowers young people through the discipline and energy of boxing, helping them build confidence, resilience, and a sense of belonging.

NRBoost provides adults experiencing mental wellbeing challenges with a safe and welcoming space for connection and personal growth. With creative workshops, mindfulness sessions, and physical activities, the project promotes both mental and emotional wellness.

NRClub, meanwhile, brings older adults (aged 50+) together for fun, fitness, and friendship. Combining physical activity like table tennis with social sessions over tea and coffee, it helps reduce isolation and strengthen community ties.

Together, the NR Foundation Wellbeing Hub and the NR Foundation share one goal: to build a world where everyone has the opportunity to thrive. From empowering young people and supporting mental health to helping older adults stay active and connected, every initiative is a step toward a stronger, more vibrant community.

So, whether you're lifting weights, flowing through yoga, or sharing a coffee after class — you're part of something bigger. You're part of the NR Foundation family, shaping wellbeing for generations to come.

Win 6 Months Free at NR Foundation's Wellbeing Hub in Mattishall

To enter our prize draw, all you need to do is scan the QR code or cut this question out and hand this, in person, to us in the Hub and answer this simple question and fill in some basic details.

What month of the year did the NR Foundation start?

Closing date for the competition is 5pm 14th December 2025

Anyone who enters and isn't lucky enough to win will receive a FREE 7 day membership to the Hub, where you can trial all usage of the Hub and classes for a 7 days completely free of charge!

For more information on the Hub or the competition please contact toby@nrfoundation.co.uk and or visit www.nrfoundation.co.uk

ML PPG

Mattishall & Lenwade Patient Participation Group

After the successful Norfolk Day at All Saints in Mattishall our thanks go to everyone who made a purchase from us and took part in the games and tombola. The money will be used as a contribution towards medical equipment needed for patients at the Surgery.

We have welcomed a new member recently so we are now a group of 11 and meet every 3 months at Mattishall surgery with Steve, the Practice Manager and Charlotte, the Practice Services Manager. It is our opportunity to raise matters with them to help good communication between patients and the Practice.

We have notice boards which we populate with posters relating to health matters in the waiting rooms at Mattishall and Lenwade which we update once a month. In December there will be information about health checks for 40-74 year olds and Breast Cancer awareness. In January the topics will be Dry January & Liver Disease, in February Diabetes and Heart Health and in March Mental Health Awareness and Ovarian Cancer. We are meeting with other Norfolk PPGs soon to have a chance to swap ideas with each other and also to learn from each other.

Brainteasers Issue 105

Brainteaser 4 of 5

A professional cyclist turns onto the motorway, right past a sign saying "NO CYCLISTS". He passes a police car. The policeman sees him but does nothing. Why did the policeman not pull the professional cyclist over?

Answer inside back cover



Mike Hamill

Mike's Scribblings



Down to the Sea

The mists rise in mystical confusion,
and winds sing in acclamation.
It rushes to the sea, down the rocky way.
And leads the rolling waves astray.

The colours change from blue to green
Oh, such wonders that we have seen.
Where mighty whales, frolic and play,
in a joyous, graceful, aquatic ballet.

Where wavetops curl and fall beneath
themselves, and to the sea bequeath
the energy of the dancing sprites
that twinkle in the morning lights.

The birds aloft drift and sway
and call in unison. In an avian way.
Wings open, stretched out wide
over the oceans, they gently glide.

Where goes the wind when playtimes over?
Or, is it forever the restless rover?
It can't be seen, it can't be bought.
But mystery and joy it has brought.

Dream Time

Yesterday, I dreamt a dream,
the strangest one there's ever been.
I sat in splendour on a guilded throne
the goldenest I've ever known.
Surrounded by an avian throng,
who filled the air with morning song.
They trilled and warbled till night time came.
And, in the morning, it was just the same.
My dreams continued unabated,
always fun, but never, ever, x-rated.

I saw my dream slip away,
fading into the coming day.
I tried so hard to make it last
but it was gone. Alas, alas.
But in the mornings' brightest light,
I recalled what I'd seen last night.
The memories played upon my mind
in vibrant shape of every kind.
Such kaleidoscopic, wonderous memes.
I had a daydream of my nighttime dreams.

The Fantastic Journey

I came upon a hidden door
and stepped right through to explore
the wonders of a magic universe,
where bewitching worlds I will traverse.

The skies with colours are intense,
the magnitude is so immense.
The vista spread so far and wide,
and a distant star I espied.

A glimmering bowl in the darkest sky,
with creatures of all shapes drifting by.
Fish that swim in multicoloured hues,
giraffopottamus and snakes, in purple shoes.

Oh, such beauty to be seen,
against a sky of emerald green.
Where seadragons now do romp.
And giant whales dance the seabed stomp.

The heavens close around my head,
and I am transported, instead.
To a place where bushes are coloured cerise,
and a giant mauve oak tree's the centerpiece.

But finally, the sky does disappear
and things once more are made so clear.
And again, I'm stood on a wooden floor,
outside that same, hidden door.

The Nightingale

The silence of a quiet night
is broken by sound, without a sight
the gentle rhythms that fill the ears,
and brings a man to fallen tears.

Gentle whispers float through the breeze
and caress with gentleness; the trees.
The complex notes kiss my soul
and does my heart of times console.

The ethereal gloam shines the night
and washes the trees in soft moonlight.
And there, high, sits the answer to the tale,
and the haunting call of a nightingale.

CRIMEWATCH MATTISHALL



PC 898 Paula Gilluley
Breckland Community Engagement Officer
Paula.Gilluley@norfolk.pnn.police.uk

Norfolk Constabulary is launching a new survey to help people shape policing priorities in their communities.

The Neighbourhood Policing Survey – funded by the Office of the Police and Crime Commissioner for Norfolk - takes just five minutes to complete. The responses will be shared with local policing teams to help them understand each area's different concerns, right down to the postcode.

Chief Supt Wes Hornigold, local policing commander, said: "Effective policing starts with listening. This survey is another opportunity to tell us what matters most to you in your community — whether it's tackling anti-social behaviour, improving visibility of officers, or addressing specific safety concerns in your area. Your feedback will help inform how neighbourhood policing teams operate."

The NPS is the first survey to be launched as part of the constabulary's new Public Voice initiative. Public Voice is funded by the Office of the Police and Crime Commissioner and forms a key part of its Police and Crime Plan. The project is aimed at using best practice around data and survey design to collect better insight from the views of the residents in Norfolk and help provide a consistent method of priority setting by neighbourhood teams.

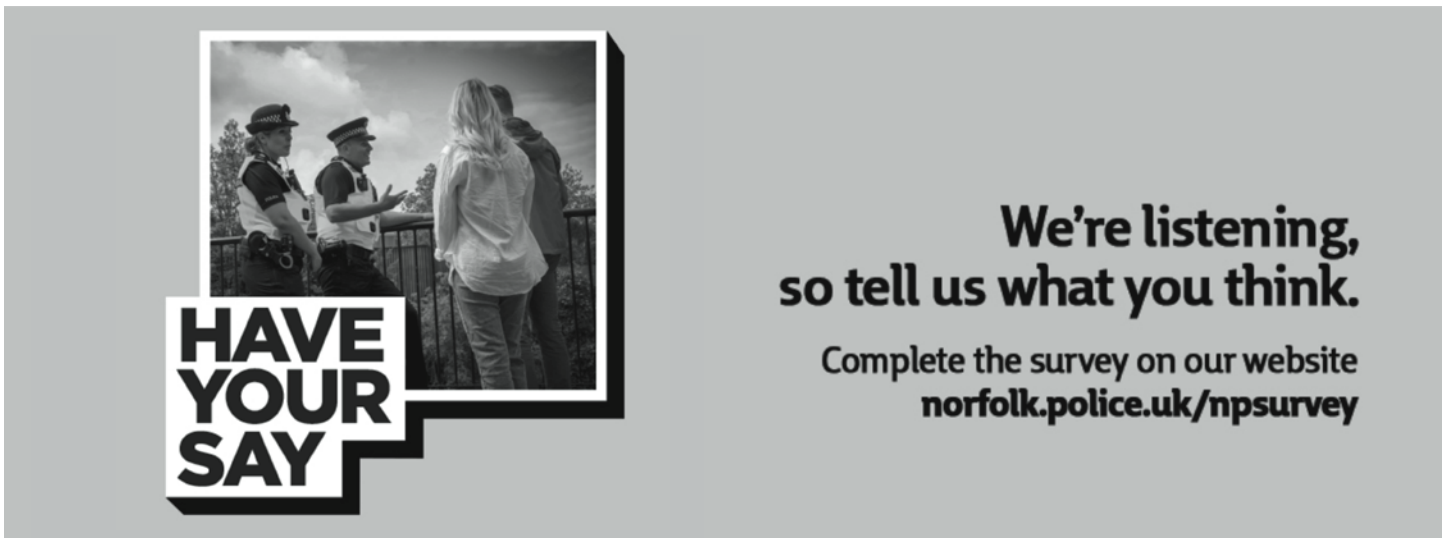
Norfolk's Police and Crime Commissioner, Sarah Taylor said: "In talking to people across the county, many people have told me that they would like to be able to understand how their local police set policing priorities in their local area.

"The Public Voice initiative is an exciting first step in responding to what people have said about police priority setting and has the potential, over time, to increase the intelligence that the police receive through other important channels such as Neighbourhood Watch.

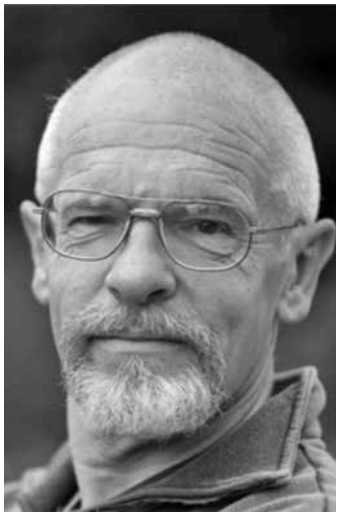
"It has been set up to respond to quite a substantial need and has been specifically designed to be a future-proofed, recognisable communication tool over time. By receiving information from people across Norfolk, and combining it with robust data analysis, there is the potential for the police to create much more insight and then to prioritise work accordingly in different areas. This neighbourhood policing survey is a great opportunity for anyone living or working in Norfolk to help set the priorities for the police in their local area."

"If over the last 18 months you have talked with me, or sent an email to me, asking how to get the police to respond to a particular issue in your area, I would ask that you please give this a go. It can take as little as a couple of minutes to complete the survey, and it has the potential to make a great difference in your community."

The NPS is available in the top three non-English languages spoken in Norfolk, as well as in an easy read version.
The survey can be found on our website at norfolk.police.uk/npsurvey or can be accessed using the following QR Code.



What's afoot on the paths?



Things are moving – repairs are being done! Inevitably, the priorities and budgets of the Highways Dept govern what gets done and when but they can certainly move quickly when needs be: when Tony Bradfield's dog Herbie sustained injuries crossing the footbridge nearest Greg's Close, a temporary repair was in place within a week! Not only that, but the bridge was completely replaced within a couple of months.



Herbie fully recovered from his injuries and enjoying the new bridge with his friend Bentley. (photo by Tony Bradfield)

Most other repairs have been to roadside fingerposts – my first priority had been to report missing or broken signs, on the grounds we can hardly use the paths if we can't find them!

During the summer, the path from Greg's Close to Mill Street partially blocked with brambles and other undergrowth. I did report it to Highways, but many thanks to the unknown public-spirited soul cut it back before any official action occurred.

The big tree where that path comes out on Greg's Close has been dying back and dropping branches for a while. I have reported it, but am not aware of any remedial action taking place. Do feel free to report it yourself on https://www.norfolk.gov.uk/Report-a-highways-problem/trees-and-hedges.

Things are happening elsewhere in the parish too. A d-i-y BMX circuit with ramps and banking appeared where the path from Thynnes Lane to Cedar Rise crosses the one from Welgate to Mill Street. There was litter and complaints of anti-social behaviour. I did a bit of digging (if you'll pardon the pun) and it turned out to be a complex issue, as different aspects were the responsibility of the landowner, the Police, Breckland etc. In the end, I can't claim the credit, but the circuit and the litter have disappeared, and there is now a simple circular path under the trees, where I have seen parents with a toddler enjoying the path. Again, thanks to the good souls who cleared up the litter and made the whole place so much nicer.

Elsewhere, the path across the fields from Old Hall Farm to North View Farm makes a really nice walk, but you would be wise to turn off by the branch to Kensington Forge (laid by the developers) as the bridges beyond that are thoroughly rotten and, in my view, unsafe. I would suggest avoiding them for the time being until we can get them replaced.

There is always more to do, and as winter draws on, many of the paths may become quite muddy. Do take care when out and about, and remember to wear hi-vis or other bright clothing if there might be traffic about.

Wallace Murray
Footpath Warden

Chris Baile
Brickwork

Specialist in all aspects of brickwork including:

Historic and Restoration

Flint work

New Build

Extensions

Telephone: 07723 094836

Email: chrisbaile@hotmail.com

Please visit my website

chrisbaile.com

Department for Work & Pensions | Department for Education

poultec
the training specialists

Apprenticeships and training shaped around you.





- Business Administration
- Customer Service
- Dental
- Education
- Engineering
- Food Manufacturing
- Hairdressing and Barbering
- Healthcare
- Hospitality
- Management
- Poultry




Rated EXCELLENT by Employers & Learners

01362 850983 | enquiries@poultec.co.uk

Indoor UNLIMITED MINI GOLF

FROM 19TH DEC TILL 6TH JAN

Mattishall GOLF CLUB



COMPETITIONS



SIMULATOR SPECIAL
£25 FOR 1HR WHEN USING MINI



POOL TABLE

DART BOARD

FOOD & DRIVE AVAILABLE

£18.95 (2 Adults & 2 Children)
£9.95 (1 Adult & 2 Children)

BOOK NOW
01362 882556
WWW.MATTISHALLGOLFCLUB.CO.UK
MATTISHALL GOLF CLUB, DEREHAM, NR20 3JZ

Odysea

STRUCTURAL ENGINEERING

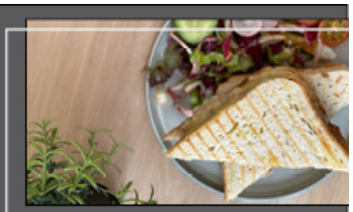
CONSULTING ENGINEERS TO THE RESIDENTIAL, INDUSTRIAL, COMMERCIAL & ENERGY SECTORS

WWW.ODYSEA.ENGINEER

INFO@ODYSEA.ENGINEER

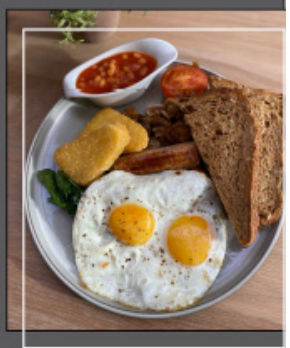
07999881882

caféverde

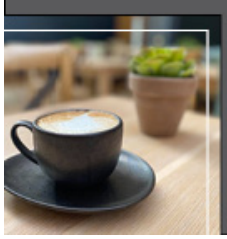


YOUR LOCAL CAFÉ

Serving delicious, homemade breakfasts, lunches, Sunday roasts, afternoon teas, cakes/bakes and coffees.



VIEW OUR MENU:



BOOK NOW:
01362 857157
www.cafe-verde.co.uk
South Green Park, Mattishall, NR20 3JY



Roundabout

Community Pages, News from Community Groups & Societies, Social and Church Events. What's on in and around Mattishall



Loades from Lizzie 01362 850491

DROP IN



We continue to meet weekly, Thursdays 10-12, and usually have between twenty and thirty people come along for a chat over a cuppa. Everyone is welcome and it is a great opportunity to make new friends and socialise. We do not charge for refreshments but, if possible, we ask for a small donation to cover our costs (suggest £2), that's for as many cuppas as you want plus biscuits and cake!

DROP IN CHRISTMAS PARTY

On Thursday 18th December we are holding our final meeting before Christmas and will have singing and lunch. We meet that day from 10am as normal and the fun starts around 11am followed by lunch and ending with a singalong of Christmas songs and carols.

For the party we ask that people increase their contribution to £5 as we provide lunch. We start our weekly meetings again on 8th January 2026.

LIZZIE'S BOOK LOVERS CLUB



Our very informal book club meets on the second Wednesday every month at 2.30pm. We do not all read the same book, we just bring along whatever we have been reading and give a brief description of the books and whether we recommend them, or not! Lots of chat and laughing and the chance to find out about new authors and to swap the books among the group. We have a cuppa and cake as well so plenty to enjoy.

SINGING FOR WELLBEING

These FREE sessions are great fun and we have new people coming along all the time to join in. At one meeting we had 20 people attend! We meet twice monthly, one evening and one lunchtime session, The lunchtime session is on the second Wednesday of the month, 1-2pm just before book club. The evening session is on the 4th Thursday of the month from 7-8pm. You do not need to have a good voice or know anything about music, just to enjoy singing and having fun. ***The aim is to leave with a smile on your face.***

COMMUNITY CHOIR

this has developed from the singing sessions, again, nothing formal, just a group of people who enjoy singing.

Our next event for the choir is to lead the singing at the COMMUNITY SUPPER to be held on Friday December 12th from 6pm in the church. This will

be a FREE EVENT for anyone in the village to come along and have a great Christmas social evening with craft stalls, cheese and wine supper, quiz, singing and entertainment. EVERYONE IS WELCOME.- a glass of wine, mulled wine or a soft drink will be provided for everyone, bring your own bottle if you think you will want more!!

MATTISHALL CHRISTMAS COMMUNITY

CHEESE AND WINE SUPPER

All Saints Church

Friday 12 December

Doors open at 6.00 pm to browse the craft stalls

Entertainment programme starts at 7.00 pm

Singing – Music – Storytelling – Community Choir

Cheese and wine supper plus mulled wine and Christmas treats

Craft Stalls – Quiz

This is a FREE EVENT for everyone to enjoy

If you would like to top-up the wine on your table please feel free to also bring your own bottle



All the above sessions are held in All Saints Church Mattishall. For more information about any of the above, please contact Lizzie - 01362 850491

Lizzie

Church of England – Mattishall & Welborne

7th December – All Saints, Mattishall
Christmas Fun Afternoon 2pm – 4pm

14th December – All Saints, Mattishall
Holy Communion 10am
Oasis 4pm

14th December – All Saints, Welborne
Carol Service with Salvation Army 3pm

21st December – All Saints, Mattishall
Carol Service 6pm

24th December – All Saints, Mattishall
Christingle Service 4pm
Holy Communion 9pm

25th December – All Saints, Mattishall
Christmas Service 10.30am

MATTISHALL METHODIST CHURCH

Sunday 21st December at 2.30 pm
Carol Service including Holy Communion led by Rev Neil Vels.

Weekly Sunday Services at 2.30 pm.

Weekly Bible Study - Thursdays at 2.00 pm.
alternating with Garvestone Methodist Church
Contact Fred on 850750 for venue.

Friday 6th March 2026 at 2.00 pm
World Day of Prayer Service prepared by Christian women from Nigeria.

See Noticeboard for details. All welcome.
Meeting Rooms for hire - Enquiries to Fred on 850750.

Brainteasers Issue 105

Brainteaser 5 of 5

A baker needs to bake three cakes, but he can only fit two cakes in the oven at a time. The cakes need to be baked for two minutes on each side. What is the minimum time the baker needs to bake all three cakes?

Answer inside back cover

Please come and join us at our next meeting, where a friendly welcome awaits you.

2nd Wednesday each month - 7.30 pm at Mattishall Memorial Hall

Next meeting dates: 10 December then 2026 … 14 January … 11 February *(Venue TBA)* **… 11 March**

Bridge, Scrabble, Ten Pin Bowling, Darts …

Plus Theatre, Cinema, Exhibitions, Lunch and access to Norfolk and National WI Activities and Campaigns

For more information please contact Jackie Tooke 01362 858447 or Pat Hamilton 01362 850286

theWI INSPIRING WOMEN OF MATTISHALL

Would you like to help your community?

Mattishall Community Car scheme are looking for drivers.

It's a volunteer service so you can do as much or as little as you like, as drives are requested I would contact you to see if you are available to help with that drive. We help people who live in the village to get to their medical appointments.

If this sounds like something you are able to support please call Wendy Flew on 01362 858445

Art & Craft Group

Whether you like painting, knitting or needlework or any other similar hobby why not come along to our group to enjoy a chat, a laugh and good company



Every Wednesday, 2pm – 4pm
Mattishall Memorial Hall
£4 per session.
(First visit – free!)



Tea or coffee and biscuits provided – and cake when it's someone's birthday!

MATTISHALL MEMORIAL HALL

South Green, Mattishall, NR20 3JT

Fully fitted kitchen, Bar available.

Ideal for any function

Includes computer access with drop down screen and projector

For bookings and/or further information contact
Sim Saunders on **07715 823131**
email: **sim-saunders@hotmail.co.uk**

Mattishall Sports & Social Club

After a great summer with our Cricket Club keeping us busy we have jumped straight into our Autumn events!

Aunty Jo put on her Dog Show and we loved seeing all those adorable pups.

We had a fascinating evening of Mediumship with Sue Hind. Our Cricketers enjoyed a darts and pool tournament before being presented with their awards (not to mention the delicious curry and chilli)

Thanks to our new second dart board we had a couple of tournaments, one in memory of John Ketteringham, and have more planned for the future. Feel free to come and watch, you never know you may witness the next Luke Littler!

The new football season is in full swing with both Easton First and Reserve team, again you're welcome to come along and support. If you get chilly we can make you a tea, coffee or even a hot chocolate. Easton hosted a quiz fundraiser in the club which was a lot of fun.

Our pool team have already had a few games this season but we are looking for a second team so if you fancy having a go let us know.

Aunty Jo helped us to put on a spooooky Halloween party for children, with some amazing costumes, cupcake decorating, bingo and a treasure hunt.

We have our monthly Quiz nights and Bingo which are always popular with lots of giggles. Our growing book club is on the second Monday of each month, all welcome.

Our AGM was well attended and we discussed how the club has been doing in the past year including our cellar refit and our plans for the new year including a refurbishment and our amazing Firework night of course.

The 1st of October has brought another year of memberships. It's still only £10 for a whole year, bringing you cheaper drinks, members events and being part of our friendly community. Our membership numbers are higher this year than for some time, we would love to welcome you to join us if you haven't already.

We are now looking forward to the upcoming festivities with a children's party on Saturday 13th December, Christmas draw that is already selling fast, Christmas day opening from 12-2pm and a New Year's Eve that is promising to be fun.

All our events are advertised on our Facebook page and are on posters outside the club, in the Post Office and some shops.

Darts

The fourth darts John Ketteringham Memorial tournament took place on 30th October.

Fourteen friends and team mates of John took part at Mattishall Sports & Social Club in a hotly contested annual tournament.

James Earl ended up the victor after defeating Nick Starling in the final. Peter Ketteringham presented the trophies, thank you for all that came along and supported the tournament.

Entrants for the John Ketteringham Memorial tournament



The Swan pub hosted a Charity Darts marathon on September 13th organised by Brian Crane for MacMillan Cancer Support. Over £1700 has been raised and money is still coming in!

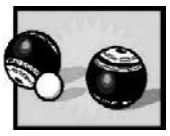
Those taking part managed to achieve a massive 190,000 points on the dartboard in twelve hours (10.00am - 10.00pm) the original target of 100,000 was smashed in the first six hours!

Well done all that took part and raised money for this valuable cause.

Those that took part in the darts marathon:



Mattishall Lawn Bowls Club



Our league matches finished during September 2025. Apart from these league matches, the members got together to play in a mix of internal competitions and more sociable games. Travelling to other clubs provides the opportunity to experience playing on other greens with a variety of surroundings.

Thanks to the all year-round work on the green, it remained usable all season, despite the extremes of weather in the 2025 summer!

We will probably lose a few more members over the next few months so more effort will be needed to get new members before the new season start in April 2026.

As the next edition of Miscellanea is not being delivered until late March 2026, here are some dates to note for your diary:

Joining and renewal evening: Friday 27th March at 7 pm

Getting ready working party: Saturday 4th April at 9 15 am

Green opens for the first playing sessions: Saturday 18th April 1:30 pm

Club's 50 Year Anniversary: Saturday June 20th at 2:00 pm. Please read the separate announcement on p.3.

To get more information about joining and playing please call Gerry (see below). There will be try-out sessions in April and May

If you want to come down for a chat, please come to any of the dates shown

The club is next to The Sports and Social Club South Green Road. Free Parking

Thanks for reading

Secretary Gerry Goldner 01362 289038



Mattishall & Lenwade Surgeries News

Anima Update

As many patients will be aware we moved to a triage model of appointment booking from the beginning of August for all doctor and ANP appointments. The software we are using for this is called Anima.

We are really pleased at the transition of this complete change and thank you all for your support. Many of you have really embraced it, and we have had lots of positive feedback. We know it has been a harder change for some of you, but we are confident our systems and staff can continue to support you to access us. To ensure patients are seen by the most appropriate clinician in a safe timeframe, our Duty GP triages all Anima requests. We are receiving over 100 requests a day, so the more information you can clearly and accurately include in your form, the easier it is for us to triage you and meet your expectations.

What if I can't use the internet or don't feel confident using Anima?

No problem! Just call our reception team, and they'll go through the questions with you and submit the request on your behalf. We also have support available at reception if you'd like help learning how to use Anima yourself in future. We're here to make access easier, not harder.

Why we ask you a few questions first?

We know it can feel frustrating to answer questions before you get an appointment. We ask because it helps us help you — safely and quickly.

- Right care, right time: Your answers allow our clinical team to prioritise who needs to be seen most urgently, and who can be safely booked a little later. This keeps everyone safe.
- The more detail, the better: A brief description of your symptoms, when they started, what's changed, and any home tests/photos (if requested) lets us direct you to the best clinician first time — GP, nurse, pharmacist, or another service.
- Faster resolutions: Clear information means we can often resolve things by text or phone, or arrange tests before you're seen, saving you repeat visits.
- Your preferences matter: Let us know if you have access needs, communication preferences, or continuity requests — we'll do our best to accommodate them within safe capacity.
- Safe working = better care: We follow BMA safe working guidance, using GP-led triage with support from our wider team. This approach has improved safety, continuity, and staff wellbeing, which in turn benefits patients.

When to use the phone or 999 instead:

- If you think it's an emergency or life-threatening, call 999 or attend A&E.

How to get a Nurse Appointment?

If you need a routine appointment with the practice nurse such as a blood test or asthma review, then please give our reception staff a call and they can directly book this for you, or you can contact via Anima.

Mattishall Festive Season Opening and Prescription Requests

Mattishall Surgery & Pharmacy will close at 6:30pm on Christmas Eve and on New Year's Eve prior to the bank holidays. We are closed for all bank holidays over the Christmas period.

Mattishall Pharmacy

The last ordering date to collect on Wednesday 24th December is Monday 15th December.

The last ordering date to collect on Wednesday 31st December is Friday 19 December 2025.

Medical Student Volunteers

If you are willing to volunteer to be seen by medical students, please email mattishalladmin.d82039@nhs.net with 'STUDENTS' in the title.

Winter weather warnings and staying warm

Feeling the chill this winter? Keeping warm is essential for your well-being and health. Winter weather can stop vulnerable people getting out and about, so it's important to check on your neighbours and friends during this time.

When it's cold outside, and inside, there are some tips you can use to preserve heat and keep warmer:

- Reduce draughts where you can
- Layer up – wear lots of layers of thinner clothing
- Cover extremities – hats, gloves, thick socks and scarves
- Eat healthily with plenty of hot drinks
- Avoid alcohol
- Keep moving
- Hot-water bottles are a great, cost-effective way to keep warm
- Look into financial support such as the winter fuel payment

Keeping the cold at bay can help you stay healthy over the wintry months. https://www.ageuk.org.uk/informatio... keep-well-this-winter/stay-healthy-in-winter/

https://www.gov.uk/winter-fuel-payment

Mattishall Parish Council News

LATEST NEWS FROM THE PARISH COUNCIL

Upcoming events!

MATTISHALL'S CHRISTMAS LIGHT CELEBRATION AND AN AFTERNOON OF CHRISTMAS ACTIVITIES

Sunday 7 December
2-4pm

All Saints Church
Mattishall

Lots of Family Fun!

Father Christmas
2 - 3.45pm

Christmas songs 4pm

Christmas Lights Switch on at 5pm

YMCA YOUTH CLUB

Friday Evenings!

Junior sessions

5pm - 6:30pm

Senior Sessions

6:30 - 8pm

Held at Mattishall Memorial Hall, 47 South Green, NR20 3JY.

FREE!

fully funded by

Mattishall Parish Council

PLANNING MATTERS

The Parish Council is particularly active when it comes to planning proposals in our village.

Since September 2024, 31 planning applications in Mattishall have been submitted to Breckland Council. The Parish Council's Planning Monitoring Group carefully considers each application against the relevant policies in our own Neighbourhood Plan and Breckland's Local Plan. An agreed response is then submitted by the Parish Council for Breckland to take into account when making their decisions. Usually the Parish Council makes an "observation"- bringing relevant matters to the attention of Breckland Planners and highlighting any concerns we may have. Occasionally, the Parish Council makes a formal "objection" if it feels that a particular proposal conflicts with approved policies. All of the Parish Council's planning comments are openly discussed at our monthly public meetings.

Breckland Council's review of their **Local Plan** has now reached an important stage. The draft plan has been published and is out for consultation. The document proposes to allocate two large housing sites in Mattishall- 100 houses north of Thynne's Lane, and 50 houses north of Dereham Road. Following feedback from our community the Parish Council will consider these proposals at our public meeting on 1st December and submit its formal comments. If you are interested in Breckland's Local Plan review and want to have your say on how it might affect Mattishall, please take a look at their web site: https://www.breckland.gov.uk/local-plan-2025.

If you wish to comment on the Draft Plan, please use the Form that is available at the following link: https://breckland.govocal.com/

Please note that all representations must be sent to Breckland District Council by 23:59 on December 15 2025.

http://mattishallparish.gov.uk clerk@mattishallparish.gov.uk

THE PARISH COUNCIL

Graham Clarke (Chair)
David Fowler (Vice Chair)
Bob Burrell
David Piper
Janice Smith
John Pickering
Roisin Murray
Martin Goodrum
Lloyd Frosdick

Anita Rose
(Parish Clerk)

UPCOMING PARISH COUNCIL MEETINGS

5 January 2026

2 February 2026

2 March 2026

20 April 2026

27 April 2026 *

11 May 2026 **

***Annual Parish Gathering**

****Annual Council meeting**

Further details of meetings and minutes are on the website.

Meetings are held at Poultec, South Green at 7pm.

REMEMBRANCE



Thank you to all those who participated and attended the Remembrance service on 9th November. It was a great service remembering those who lost their lives fighting for our Country.

LITTER PICKS

Due to dwindling support for regular litter picks in the village we are re-thinking the way we do them for next year. We will have less regular events but the ones we do have will focus on different areas of the village. Areas to be announced later but the dates will be:

Saturday 18 April
Sunday 7 June
Saturday 11 July
Sunday 27 September

In addition we will be launching a scheme to loan litter picking equipment to any group who want to tidy up their patch of the village. Further details will be announced shortly….

SEASON'S GREETINGS FROM MATTISHALL PARISH COUNCIL

Wishing all residents a very Merry Christmas and a Happy New Year.
We thank everyone in our community for their continued support, kindness, and involvement throughout the year.



Dereham Walkers are Welcome

07561 813243

www.DerehamWaW.org.uk/

We have as usual, two walks in December. The first is on 5 December, for no more than 4 miles, starting at 10:15 from Greenfields Road by the Windmill (note change of start point from that previously advised). If coming by car, please park on Greenfields Road, not in the Windmill car park. The walk will be led at a reasonable pace - we do not rush, but we do need to make progress for the group as a whole. If you have any questions about our speed, please raise them with us. We hope that those joining us might end with refreshments at the Partea Hut. There's no need to book, just turn up. For more details, contact Ken Hawkins, ken-hawkins@tiscali.co.uk or 07561 813243.

Next will be the Easy Second Tuesday walk on 9 December, starting as usual at 10:00 outside Dads and Lads (Cherry Tree car park). It will be no more than two miles, on good surfaces and will take about an hour. The pace will be steady with regular pauses to catch breath and afterwards there will be an opportunity to have some refreshments (bring your purse). For more details or any questions, please contact Sue at sue.rothwell@outlook.com. Please note that if you need personal support in order to take part, you will need to arrange this yourself, we regret that we are unable to provide it.

All walks will go ahead unless the weather is really bad but do check if you're in any doubt or want more information. In all cases, you should come with decent footwear (especially when it's been wet) and suitable clothing.

Advance notice: our New Year's Day walk will replace the scheduled January Friday walk.

For more details, contact **Ken Hawkins, ken-hawkins@tiscali.co.uk** or **07561 813243.**

Senior Slot

Question – I have an elderly relative who lives several hundred miles away from me and we rely mainly on phone calls to keep in touch, but apart from me, she has little contact with anyone else. Someone mentioned that the Silver Line is a support service for older people in her situation, what do they do?

Answer – The Silver Line Helpline run by Age UK is a free, confidential telephone service for older people. The following comes from their website:

We offer friendship, conversation, and support to older people aged 55 and over. Whatever the day or time, you can pick up the phone and speak to one of our friendly Silver Line team members.

Whether you'd like to exchange a quick "Good Morning" with someone, fancy a chat about how your day has gone, or need a trusted listening ear to share your thoughts and feelings with, we're here to talk.

Calls are free on **0800 470 80 90**

Information provided by Able Community Ltd www.ablecommunitycare.com

GGS
Greg's Gardening Services

Telephone Number:
07860347948

Email Address:
gregsgardeningservices4@gmail.com

Grass Cutting, Hedge Cutting, General Maintenance and many other services.

USEFUL LOCAL PHONE NUMBERS

Mattishall's:

All Saints Church Office	01362 858873
Community Car Scheme (Wendy Flew)	01362 858445
Parish Council Clerk (Anita Rose)	07831 422700
Pharmacy	01362 858540
Post Office	01362 850232
Primary School	01362 858451
Surgery	01362 850227

District Councillors

Paul Claussen	01603 880454
Paul Plummer	07717 690938
Norfolk & Norwich University Hospital	01603 286286
Norfolk Swift Response	0344 8008020
Breckland Council Offices	01362 656870
Dereham Library	01362 693184
Dereham Police Public Enquiry Office	01953 424242
Konectbus (No 4)	03300 539358
AGE UK Advice Line	0800 6781602

Norfolk County Council

Mobile Library Timetable–Mattishall

Wednesdays–normally every 28 days

Location	Arrival Time	Departure Time
Orchard Road	11.50	12.05
Daffodil Way	12.10	12.30
Willow Close	12.35	12.50
Thynnes Lane	12.55	13.10
Hunter Avenue	14.45	15.00
Smithson Drive	15.05	15.20
Cedar Close No 3	15.25	15.40
Parkers Road	15.45	16.05
Burgh Lane	16.10	16.25
All Saints Walk	16.30	16.45

NEXT DATES:
24th December, 21st January. 18th February, 18th March, 15th April

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquiries about this route please call 01603 222303

Answers to Brainteasers

1. 50 eggs. In eight days, 200 hens would lay on average 200 eggs, so in two days, they will lay a quarter of that number.
2. His horse is called Friday.
3. S = 1, T = 9, U = 6, C = 8, K = 3
4. Cycling may be his profession but on this particular day, he was driving his car.
5. It will take him at least six minutes. If you call the cakes A,B & C, he bakes A and B on side 1, then A on side 2 and C on side 1, then finally B & C on side 2.

WINTER Quiz

Answers from the last issue

Answers from the last issue: (1) 12 (2) The Police (3) 10 (4) Income Tax (5) 1799 (6) The Napoleonic Wars (7) Ajaccio, Corsica (8) Furthest point from any other land (9) The Foxes (10) Prime Minister

Congratulations to **Mark Robinson** who won our voucher for Café Verde.

With a chance to win the next voucher, email your answers to miscadvert@yahoo.com by 31st January 26.

1. What is the collective name for a group of hedgehogs?
2. A Cria is the name given to a baby what?
3. And a baby squirrel is called a?
4. How many moons does Mars have?
5. How many points is the green ball worth in snooker?
6. What is 9 cubed?
7. Gerald Ford is the only person to have achieved what?
8. Which year was Faulty Towers first aired?
9. 45,057,474 to 1 is the chance of winning what?
10. The Cenotaph in London was unveiled by George V in which year?

Miscellanea Production Schedule

to be ready for w/c	Adverts and payment submitted by	Reports & articles submitted by:	Printed and ready for delivery
March 2026	Fri, 6th Mar	Wed, 11th Mar	Fri, 27th March
June 2026	Fri, 29th May	Wed, 3rd June	Fri, 19th June
September 2026	Fri, 4th Sept	Wed, 9th Sept	Fri, 25th Sept
December 2026	Fri, 6th Nov	Wed, 11th Nov	Fri, 27th Nov

Our advertising rates per issue are:

size	black and white	colour
1/8 page	£20.90	£31.35
1/4 page	£36.70	£55.00
1/2 page	£68.00	£101.80
Full page	£131.00	£195.50

We offer 5% discount if you pay annually in advance.

Contact details: Telephone Anne on 01362 858744 or 07515417225 Email miscadvert@yahoo.com

OIL BOILER

SERVICE, INSTALLATION & REPAIR

For excellent value oil-fired boiler services, call TRS. Our technicians are OFTEC trained and registered, so you can be assured that your boiler is in safe hands.

HEATING SERVICES DIVISION
TRS
OIL BOILER MAINTENANCE

- Oil Boiler Installations
- Oil Boiler Servicing
- Breakdowns & Repairs
- Plumbing & Flushing
- System Upgrades

01362 687144

The trusted local family business most often rated 10/10 by customers for quality, service and value



OIL TANKS SUPPLIED & INSTALLED

PLASTIC AND STEEL OIL TANKS IN STOCK

Your old tank removed

Norfolk Trusted Trader Member

Excellence Awards for Excellence OFTEC REGIONAL WINNER

99% recommend us referenceline

25 YEARS PROTECTING OUR ENVIRONMENT SINCE 1995

TANKREPLACEMENTSERVICES.CO.UK

PMR HAULAGE LTD



22 FARROW CLOSE MATTISHALL
DEREHAM NORFOLK NR20 3SZ

07702 455 975
01362 850892
reynolds.t@hotmail.co.uk

TRACY REYNOLDS

Delivery of all types of
SHINGLE, SAND, BALLAST, HOGGIN, HARDCORE & TOPSOIL

JIM LEE
PROPERTY SERVICES

DO IT ONCE, DO IT RIGHT!

- Property Maintenance
- Bathrooms
- Plumbing
- Tiling
- Oil Boiler Servicing
- Kitchens
- Joinery
- Plastering
- Garden Projects
- General Handyman

- Multi Trade Expertise
- Full Project Management
- One point of contact
- Local, Reliable, Honest & Friendly
- No VAT
- Landlords, Estates & Developers Welcome

East Tuddenham, Norfolk

Contact Jim:

Call & Whatsapp : 07828 294197
Email: jimleeservices@outlook.com
www.facebook.com/jimleepropertyservices
Facebook Messenger